

# NUTRITIONAL FACTS

MRS. PRINDABLES

## Milk Chocolate Chip & Coconut Flakes Apple

<b>Nutrition Facts</b>	
6 servings per container	
<b>Serving size</b>	<b>1/2 apple (93g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>220</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 50mg	<b>2%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 28g	
Includes 24g Added Sugars	<b>48%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 49mg	4%
Iron 1mg	6%
Potassium 169mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** **Milk Chocolate Chip & Coconut Flakes Apple:** Apple, caramel (corn syrup, milk, sugar, dipotassium phosphate, carrageenan, vitamin D-3, cream, salt, palm oil with soy lecithin, palm oil, butter vanilla flavor, salt, mono and diglycerides with citric acid), milk chocolate chip (sugar, cocoa butter, whole milk, chocolate liquor, soy lecithin, vanillin), coconut flakes, culture.

**Allergen Information:** Manufactured on shared equipment with peanuts, tree nuts, and wheat  
**Contains:** Milk, coconut, and soy ingredients

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## White Sprinkles & Snowflakes Apple

Nutrition Facts	
8 servings per container	
Serving size	1/2 apple (85g)
Amount per serving	
<b>Calories</b>	<b>180</b>
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 37g	13%
Dietary Fiber 2g	7%
Total Sugars 24g	
Includes 21g Added Sugars	42%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 0mg	0%
Potassium 85mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients: White Sprinkles & Snowflakes Apple:** Apple, caramel (corn syrup, milk, sugar, dipotassium phosphate, carrageenan, vitamin D-3, cream, salt, palm oil with soy lecithin, palm oil, butter vanilla flavor, salt, mono and diglycerides with citric acid), white sprinkles (sugar, corn starch, palm oil, palm kernel oil, sunflower lecithin, dextrin, confectioner's glaze, natural and artificial flavor, carnauba wax), snowflakes (sugar, rice flour, vegetable oil [palm, palm kernel], corn Starch, gum Arabic, cellulose gum, titanium dioxide, confectioner's glaze, carrageenan, soy lecithin, artificial flavor), culture.

**Allergen Information:** Manufactured on shared equipment with peanuts, tree nuts, and wheat  
**Contains:** Milk and soy ingredients

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## Triple Chocolate Chips & Holiday Sprinkles Apple

Nutrition Facts	
6 servings per container	
Serving size	1/2 apple (96g)
Amount per serving	
<b>Calories</b>	<b>230</b>
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 41g	15%
Dietary Fiber 2g	7%
Total Sugars 31g	
Includes 27g Added Sugars	54%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	6%
Potassium 142mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients: Triple Chocolate Chips & Holiday Sprinkles Apple:** Apple, caramel (corn syrup, milk, sugar, dipotassium phosphate, carrageenan, vitamin D-3, cream, salt, palm oil with soy lecithin, palm oil, butter vanilla flavor, salt, mono and diglycerides with citric acid), dark chocolate chip (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, vanillin), milk chocolate chip (sugar, cocoa butter, whole milk, chocolate liquor, soy lecithin, vanillin), white confectioners drops (sugar, hydrogenated palm kernel oil, nonfat milk powder, whole milk powder, titanium dioxide, hydrogenated palm oil, soy lecithin, monoglycerides, artificial flavor), holiday sprinkles (icing sugar, fractionated palm kernel oil, corn starch, glucose, soy lecithin, FD&C artificial colors red #40, red#3, yellow #5, blue #1), gum Arabic, confectioners glaze), culture.

**Allergen Information:** Manufactured on shared equipment with peanuts, tree nuts, and wheat

**Contains:** Milk and soy ingredients