

# NUTRITIONAL FACTS

CAVEMAN

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 bar (40g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 3g	<b>14%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 90mg	<b>4%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 3g	<b>10%</b>
Total Sugars 6g	
Includes 5g Added Sugars	<b>11%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 50g	4%
Iron 1.5mg	8%
Potassium 200mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## DARK CHOCOLATE CARAMEL CASHEW



**INGREDIENTS:** ALMONDS, CASHEWS, SUNFLOWER SEEDS, TAPIOCA SYRUP, AGAVE SYRUP, SUGAR\*, PUMPKIN SEEDS, ALMOND BUTTER, PALM KERNEL OIL\*\*, COCOA POWDER, SESAME SEEDS, FLAXSEED, SALT, NATURAL FLAVOR, SUNFLOWER LECITHIN, UNSWEETENED CHOCOLATE.

\*\*RESPONSIBLY SOURCED PALM KERNEL OIL.

\*SUGAR IS FROM COCOA COATING

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<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 90mg	<b>4%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 3g	<b>10%</b>
Total Sugars 8g	
Includes 6g Added Sugars	<b>11%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 50g	4%
Iron 1.3mg	8%
Potassium 190mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## DARK CHOCOLATE CHERRY NUT



**INGREDIENTS:** ALMONDS, SUNFLOWER SEEDS, TAPIOCA SYRUP, RED TART CHERRIES (CHERRIES, SUGAR, SUNFLOWER OIL), CASHEWS, SUGAR\*, AGAVE SYRUP, PALM KERNEL OIL\*\*, SESAME SEEDS, COCOA POWDER, SALT, SUNFLOWER LECITHIN, NATURAL FLAVOR, UNSWEETENED CHOCOLATE.

**\*\*RESPONSIBLY SOURCED PALM KERNEL OIL.**

**\*SUGAR IS FROM COCOA COATING**

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CAVEMAN

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 bar (40g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 4g	<b>21%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 40mg	<b>2%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 3g	<b>10%</b>
Total Sugars 8g	
Includes 4g Added Sugars	<b>9%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 50g	4%
Iron 1mg	6%
Potassium 170mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## DARK CHOCOLATE COCONUT ALMOND



**INGREDIENTS:** ALMONDS, TAPIOCA SYRUP, COCONUT, SUNFLOWER SEEDS, SUGAR\*, AGAVE SYRUP, PALM KERNEL OIL\*\*, ALMOND BUTTER, COCOA POWDER, NATURAL FLAVOR, SALT, CASHEWS, HONEY, SUNFLOWER LECITHIN, COCONUT OIL, UNSWEETENED CHOCOLATE.

**\*\*RESPONSIBLY SOURCED PALM KERNEL OIL.**

**\*SUGAR IS FROM COCOA COATING**

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<b>Serving size</b>	<b>1 bar (40g)</b>
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Amount per serving	
<b>Calories</b>	<b>190</b>
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	<b>% Daily Value*</b>
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 6g	
Includes 5g Added Sugars	<b>11%</b>
<b>Protein</b> 6g	
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Vitamin D 0mcg	0%
Calcium 60g	4%
Iron 1.3mg	8%
Potassium 200mg	4%
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## DARK CHOCOLATE SEA SALT ALMOND



**INGREDIENTS:** ALMONDS, TAPIOCA SYRUP, SUNFLOWER SEEDS, PUMPKIN SEEDS, AGAVE SYRUP, SUGAR\*, PALM KERNEL OIL\*\*, ALMOND BUTTER, COCOA POWDER, SALT, CASHEWS, SUNFLOWER LECITHIN, UNSWEETENED CHOCOLATE.

\*\*RESPONSIBLY SOURCED PALM KERNEL OIL.

\*SUGAR IS FROM COCOA COATING