

# NUTRITIONAL FACTS

BRAND NAME

## Flavor: Brown Butter Sage

Insert nutritional information and ingredient images here

<b>Nutrition Facts</b>	
About 4 servings per container	
<b>Serving size 1/3 cup dry (50g)</b>	
Approximately 3/4 cup cooked	
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 1g	
Includes <1g Added Sugars	<b>1%</b>
<b>Protein</b> 10g	<b>20%</b>
Vitamin D 0mcg 0% • Calcium 40mg 4%	
Iron 2mg 10% • Potassium 430mg 10%	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## Ingredients:

LENTIL FLOUR, CHICKPEA FLOUR, PEA FIBER, RICE FLOUR, SUNFLOWER OIL, SEA SALT, SUGAR, DEHYDRATED VEGETABLES (ONION, GARLIC),

# NUTRITIONAL FACTS

*BRAND NAME*

SPICES, PARSLEY, MOLASSES, LACTIC ACID, TOASTED SESAME OIL,  
CITRIC ACID, NATURAL FLAVORS, MAPLE SYRUP SOLIDS  
CONTAINS: SESAME

# NUTRITIONAL FACTS

BRAND NAME

## Flavor: Holiday Stuffing

Insert nutritional information and ingredient images here

<b>Nutrition Facts</b>	
About 4 servings per container	
<b>Serving size 1/3 cup dry (50g)</b>	
Approximately 3/4 cup cooked	
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars <1g	
Includes <1g Added Sugars	<b>&lt;1%</b>
<b>Protein</b> 12g	<b>24%</b>
Vitamin D 0mcg 0% • Calcium 40mg 4%	
Iron 3.4mg 20% • Potassium 480mg 10%	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## Ingredients:

LENTIL FLOUR, CHICKPEA FLOUR, PEA FIBER, RICE FLOUR, SEA SALT,

# NUTRITIONAL FACTS

*BRAND NAME*

SUNFLOWER OIL, DEHYDRATED ONION AND GARLIC, SUGAR, PARSLEY,  
SPICES, CITRIC ACID, NATURAL FLAVORS, LACTIC ACID

# NUTRITIONAL FACTS

BRAND NAME

## Flavor: Wild Mushroom Risotto

Insert nutritional information and ingredient images here

### Nutrition Facts

About 3.5 servings per container  
Serving size 1/3 cup dry (50g)

Amount per serving  
**Calories 180**

	% Daily Value*
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 380mg	<b>17%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>

Vitamin D 0mcg 0% • Calcium 40mg 4%  
Iron 2.5mg 15% • Potassium 420mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

LENTIL FLOUR, CHICKPEA FLOUR, PEA FIBER, RICE FLOUR, SEA SALT,

# NUTRITIONAL FACTS

*BRAND NAME*

DEHYDRATED VEGETABLES (ONION, GARLIC, MUSHROOM),  
SUNFLOWER OIL, PARSLEY, SPICES, LACTIC ACID, NATURAL FLAVOR