

# NUTRITIONAL FACTS

## Kouign Amann - Classic

Original

<b>Nutrition Facts</b>	
15 Servings Per Container	
Serving Size	1 piece (84g)
Amount Per Serving	
<b>Calories</b>	<b>320</b>
% Daily Value*	
<b>Total Fat</b> 12g	15%
Saturated Fat 7g	35%
Trans Fat 0g	
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 370mg	16%
<b>Total Carbohydrate</b> 48g	17%
Dietary Fiber 1g	4%
Total Sugars 22g	
Includes 0g Added Sugars	0%
<b>Protein</b> 6g	12%
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 220mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient a serving of food contributes to a daily diet. 2,000 calo a day is used for general nutrition advice.</small>	

INGREDIENTS: Wheat Flour (Wheat Flour, Enzyme), Sugar, Water, Unsalted (Cultured) Butter (Pasteurized Cream (from milk), Natural Flavors (Lactic Acid, Starter Distillate)), Fresh Bakers Yeast, Dry Whole Milk, Salt, White Distilled Vinegar, Cultured Wheat Flour, Wheat Gluten, Devitalized Wheat Sourdough, Dough Conditioner (Xanthan Gum, Deactivated Yeast, Ascorbic Acid, Enzymes)  
Contains: Milk and Wheat  
Manufactured in a facility which also uses Egg, Soy and Tree Nuts

# NUTRITIONAL FACTS

## Kouign Amann - Lemon

### Lemon

<b>Nutrition Facts</b>	
15 Servings Per Container	
Serving Size	1 piece (92g)
Amount Per Serving	
<b>Calories</b>	<b>330</b>
% Daily Value*	
<b>Total Fat</b> 12g	15%
Saturated Fat 7g	37%
Trans Fat 0g	
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 390mg	17%
<b>Total Carbohydrate</b> 49g	18%
Dietary Fiber 1g	4%
Total Sugars 21g	
Includes 3g Added Sugars	5%
<b>Protein</b> 6g	13%
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 100mg	2%
* The % Daily Value (DV) tells you how much a nutrient a serving of food contributes to a daily diet. 2,000 calo a day is used for general nutrition advice.	

INGREDIENTS: Wheat Flour (Wheat Flour, Enzyme), Water, Sugar, Unsalted (Cultured) Butter (Pasteurized Cream (from milk), Natural Flavors (Lactic Acid, Starter Distillate)), Lemon Filling (High Fructose Corn Syrup, Food Starch - Modified, Lemon Puree (Citric Acid, Lemon Pulp Cells, High Fructose Corn Syrup, Lemon Juice Concentrate, Natural Flavor), Corn Syrup, Contains 2% or Less of: Carob Bean Gum, Mono- and Diglycerides, Palm Oil, Polysorbate 60, Preservatives (Potassium Sorbate, Sodium Benzoate), Propylene Glycol, Propylene Glycol Alginate, Salt, Sodium Citrate, Yellow 5), Fresh Bakers Yeast, Dry Whole Milk, White Distilled Vinegar, Cultured Wheat Flour, Wheat Gluten, Devitalized Wheat Sourdough, Dough Conditioner (Xanthan Gum, Deactivated Yeast, Ascorbic Acid, Enzymes) Contains: Milk and Wheat Manufactured in a facility which also uses Egg, Soy and Tree Nuts

# NUTRITIONAL FACTS

## Kouign Amann - Apple

<b>Nutrition Facts</b>	
15 servings per container	
<b>Serving size</b>	<b>1 piece (92g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>330</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 7g	<b>37%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 400mg	<b>18%</b>
<b>Total Carbohydrate</b> 48g	<b>18%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 21g	
Includes 19g Added Sugars	<b>38%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 0.6mg	<b>4%</b>
Potassium 100mg	<b>2%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Wheat Flour (Wheat Flour, Enzyme), Water, Sugar, Unsalted (Cultured) Butter (Pasteurized Cream (from milk), Natural Flavors (Lactic Acid, Starter Distillate)), Apple Filling (Apples (Apples, Salt, Preservatives (Ascorbic Acid, Citric Acid)), High Fructose Corn Syrup, Food Starch-Modified, Contains 2% or Less of: Acidic Calcium Sulfate, Apple Juice Concentrate, Cinnamon, Malic Acid, Natural Flavor, Preservatives (Benzoic Acid, Potassium Sorbate, Sodium Benzoate, Sodium Erythorbate, Sodium Metabisulfite), Spice), Fresh Bakers Yeast, Dry Whole Milk, White Distilled Vinegar, Cultured Wheat Flour, Wheat Gluten, Deactivated Wheat Sourdough, Dough Conditioner (Xanthan Gum, Deactivated Yeast, Enzymes)

Contains: Milk and Wheat

Manufactured in a facility which also uses Egg, Soy and Tree Nuts