

# Nutrition Facts

8 servings per container

**Serving size**

**1 Piece (28g)**

**Amount per serving**

**Calories**

**80**

**% Daily Value\***

**Total Fat** 5g **5%**

Saturated Fat 3g **17%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 60mg **3%**

**Total Carbohydrate** 18g **5%**

Dietary Fiber 8g **28%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 3g

Vitamin D .4mcg 2% • Iron 2mg 10%

Calcium 7mg 0% • Potassium 80mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** DARK CHOCOLATE (ALLULOSE, CHOCOLATE, COCOA BUTTER, COCOA POWDER, SUNFLOWER LECITHIN) SOLUBLE TAPIOCA FIBER, ALLULOSE, COCOA BUTTER, PROPRIETARY VEGAN PROTEIN (PEA, PUMPKIN, SUNFLOWER, FLAX), COCOA POWDER, NATURAL FLAVORS, SALT.

Total Carbs/Serving 18g

Less: Allulose Carbs (10g)

Less: Fiber Carbs (8g)

**Total Net Carbs** **0g**

Allulose is a plant-based sugar and, per the FDA, is different from other sugars in that it is not metabolized by the human body in the same way as table sugar. It produces only negligible increases in blood glucose or insulin levels.