

NUTRITIONAL FACTS

INGREDIENTS: Grass Fed Whole Milk (Soy Lecithin), Sugar, Natural Flavors, Live Active Yogurt Cultures (*S.thermophilus*, *L.bulgaricus*, *L.rhamnosus*, *L.helveticus*, *B.lactis*), Colors (Beet Juice and Beta-Carotene), Peach Powder.
Contains Milk and Soy products. Manufactured in a facility that also processes foods containing Coconut.

Nutrition Facts

7 servings per packet

Serving size 1/7 packet (34g)
(Makes 5 OZ (143g) prepared)

Amount per serving

Calories 160

% Daily Value*

Total Fat 6g 8%

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 50mg 2%

Total Carbohydrate 21g 8%

Dietary Fiber 0g **0%**

Total Sugars 21g

Includes 13g Added Sugars **25%**

Protein 6g 11%

Vitamin D 0mcg 0% • Calcium 183mg 14%

Iron 0mg 0% • Potassium 228mg 5%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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