

NUTRITIONAL FACTS

ANDERSON SEAFOODS

(2) 40 oz. - 5lbs. Coconut Breaded Shrimp

Nutrition Facts	
Serving Size 4 oz (113g)	
Servings Per Container 10	
Amount Per Serving	
Calories 190	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 24g	8%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 7g	14%
Calcium 4%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients: Shrimp, Wheat Flour, Coconut Flake, Water, Wheat Starch, Food Starch -Modified, Sugar, Salt, Palm Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Yeast, Artificial Flavor, Natural Flavor, Sunflower Oil, Sodium Tripolyphosphate.

Allergen: Shrimp, Wheat, and Coconut