

# NUTRITIONAL FACTS

ALEX GUARNASCHELLI

Frenched Bone In Pork Chops: 12 oz.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>12 ounces (340g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>660</b>
	% Daily Value*
<b>Total Fat</b> 42g	<b>54%</b>
Saturated Fat 14.5g	<b>73%</b>
Trans Fat 0g	
<b>Cholesterol</b> 215mg	<b>72%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 67g	<b>134%</b>
Vitamin D 2.4mcg	10%
Calcium 120mg	10%
Iron 2.2mg	10%
Potassium 980mg	20%