

NUTRITIONAL FACTS

CAVEMAN

Dark Chocolate Caramel Cashew Nutrition Bar Minis 30 Pack

Nutrition Facts	
Serving size	1 bar (18g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 3g Added Sugars	6%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 13mg	1%
Iron 0.7mg	4%
Potassium 80mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: NUT AND SEED BLEND (CASHEWS, SUNFLOWER SEEDS, ALMONDS, PUMPKIN SEEDS, SESAME SEEDS, FLAX SEED, COCONUT), TAPIOCA SYRUP, DARK COCOA COATING (SUGAR, PALM KERNEL OIL*, COCOA POWDER, SUNFLOWER LECITHIN), AGAVE SYRUP, SEA SALT, HONEY, NATURAL FLAVOR, UNSWEETENED CHOCOLATE.

ALLERGENS: CONTAINS ALMONDS, CASHEWS, COCONUT. PRODUCED IN A FACILITY THAT ALSO PROCESSES OTHER TREE NUTS, WHEAT, SOY, PEANUTS AND EGG.

*RESPONSIBLY SOURCED
PALM KERNEL OIL

NUTRITIONAL FACTS

CAVEMAN

Dark Chocolate Almond Coconut Nutrition Bar Minis 30 Pack

Nutrition Facts	
Serving Size 1 bar (18g)	
Amount Per Serving	
Calories 100	Calories from Fat 60
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 2g	4%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: ALMONDS, SUNFLOWER SEEDS, ORGANIC TAPIOCA SYRUP, COCOA COATING (SUGAR, PALM KERNEL OIL*, COCOA POWDER, SUNFLOWER LECITHIN, SALT), COCONUT, ORGANIC AGAVE SYRUP, SESAME SEEDS, HONEY, CASHEWS, NATURAL FLAVORS, SEA SALT.

ALLERGENS: CONTAINS ALMONDS, COCONUT, CASHEWS. PRODUCED IN A FACILITY THAT ALSO PROCESSES OTHER TREE NUTS, SOY, PEANUTS, MILK, EGG.*RESPONSIBLY SOURCED PALM KERNEL OIL.