

NUTRITIONAL FACTS

MAGGIE & MARY

Maggie & Mary's Pantry Pack Soup Burger Beef

Barley, Dehydrated Vegetables (Potato, Carrots, Onions, Tomatoes, Green Peas, Leeks, Parsley), Modified Corn Starch, Salt, Hydrolyzed Wheat, Corn, and Soy Protein, Beef Fat, Yeast Extract, Cane Sugar, Maltodextrin, Beef Broth, Caramel Color, Burgundy Wine Solids, Natural Flavor, Dextrose, Spices, and Sulfiting Agents. **[Contains: Soy, Wheat]**

BURGER BEEF SOUP

| Nutrition Facts | |
|--|-----------------------------|
| Serving Size 1/4 Cup (20g) | |
| 1 cup Prepared | |
| Servings Per Container 6 | |
| Amount Per Serving | |
| Calories 70 | Calories from Fat 10 |
| % Daily Value(DV)* | |
| Total Fat 1.5g | 2% |
| Saturated Fat 0.5g | 3% |
| Sodium 760mg | 32% |
| Total Carbohydrate 13g | 4% |
| Dietary Fiber 1g | 4% |
| Sugars 2g | |
| Protein 2g | |
| Vitamin A 45% · Vitamin C 4% | |
| Iron 2% | |
| Not a significant source of trans fat, cholesterol, and calcium. | |
| * Percent Daily Values (DV) based on a 2,000 calorie diet. | |

NUTRITIONAL FACTS

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Maggie & Mary's Pantry Pack Soup Chicken Noodle

Ditalini Noodles (Durham Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Maltodextrin, Modified Corn Starch, Salt, Dehydrated Cooked Chicken, Dextrose, Carrot, Cane Sugar, Hydrolyzed Corn Protein, Chicken Fat, Torula Yeast, Onion, Spices, Chicken Broth Powder, Yeast Extract, Natural Flavor, Corn Starch, Turmeric Extract, Gelatin (from Beef or Pork), Silicon Dioxide (to prevent caking), Soy Sauce (Water, Soybeans, Wheat, Salt), Turmeric.

Contains: wheat, soy

CHICKEN NOODLE SOUP

Nutrition Facts

Serving Size 1/4 Cup (27g)

1 cup Prepared

Servings Per Container 6

Amount Per Serving

Calories 100 Calories from Fat 20

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 960mg **40%**

Total Carbohydrate 16g **5%**

Dietary Fiber 1g **4%**

Sugars 4g

Protein 3g

Vitamin A 70% · Vitamin C 2%

Calcium 2% · Iron 4%

* Percent Daily Values (DV) based on a 2,000 calorie diet.

NUTRITIONAL FACTS

MAGGIE & MARY

Maggie & Mary's Pantry Pack Soup Classic Wild Rice

Wild and White Rice, Modified Corn Starch, Nonfat Milk, Canola Oil, Corn Syrup Solids, Dehydrated Cooked Chicken Meat, Salt, Chicken Fat, Dehydrated Vegetables (Onions, Carrots, Celery, Red Bell Peppers, Parsley, and Garlic), Hydrolyzed Corn Protein, Dextrose, Sugar, Silicon Dioxide (to prevent caking), Dipotassium Phosphate, Mono & Diglycerides, Sodium Caseinate, Torula Yeast, Maltodextrin, Xanthan Gum, Yeast Extract, Disodium Phosphate, Natural Flavor, Turmeric Extract (color), and Spices.

Contains: Milk

CLASSIC WILD RICE SOUP

| Nutrition Facts | |
|--|-----------------------------|
| Serving Size 1/4 Cup (29g) | |
| 1 cup Prepared | |
| Servings Per Container 6 | |
| Amount Per Serving | |
| Calories 120 | Calories from Fat 40 |
| % Daily Value(DV)* | |
| Total Fat 4.5g | 7% |
| Saturated Fat 2g | 9% |
| Cholesterol 10mg | 4% |
| Sodium 770mg | 32% |
| Total Carbohydrate 16g | 5% |
| Dietary Fiber less than 1g | 2% |
| Sugars 4g | |
| Protein 3g | |
| Vitamin A 10% · Vitamin C 4% | |
| Calcium 6% · Iron 2% | |
| Not a significant source of trans fat. | |
| * Percent Daily Values (DV) based on a 2,000 calorie diet. | |

NUTRITIONAL FACTS

MAGGIE & MARY

Maggie & Mary's Pantry Pack Soup Brewhouse Beer Cheese

Ingredients: Cheddar, Blue, Romano, & Parmesan Cheese Powders, [(Pasteurized Milk, Salt, Extract of Annatto, Cultures, Enzymes), Whey, Soybean Oil, Buttermilk, Nonfat Milk, Sodium Phosphate, Salt, Butter (Cream), Natural Flavor, Citric Acid, Lactic Acid, Turmeric, Paprika Extract], Modified Corn Starch, Canola Oil, Corn Syrup Solids, Maltodextrin, Sea Salt, Dehydrated Onion, Nonfat Milk, Tomato Powder, Yeast Extract, Xanthan Gum, Soy Sauce (Wheat, Soybeans, Salt), Dipotassium Phosphate, Mono and Diglycerides, Sodium Caseinate, Silicon Dioxide (to prevent caking), Spices, and Dextrose. **[Contains: Milk, Soy, Wheat]**

Brewhouse Beer Cheese

| Nutrition Facts | |
|---------------------------------------|----------------|
| About 6 Servings Per Container | |
| Serving Size: 3 Tbsp dry (28g) | |
| 1 Cup Prepared | |
| Amount Per Serving | |
| Calories | 120 |
| % Daily Value(DV)* | |
| Total Fat 7g | 11% |
| Saturated Fat 3.5g | 17% |
| <i>Trans Fat</i> 0g | |
| Cholesterol 10mg | 3% |
| Sodium 730mg | 30% |
| Total Carbohydrate 12g | 4% |
| Dietary Fiber less than 0g | 0% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | |
| Protein 3g | 6% |
| Vitamin D 0% | • Calcium 2% |
| Iron 4% | • Potassium 0% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

MAGGIE & MARY

Maggie & Mary's Pantry Pack Soup Sabrosa Black Bean

INGREDIENTS: Dried Black Beans, Dried Corn, Dried Tomatoes, Modified Corn Starch, Dehydrated Onions, Salt, Dried Green Bell and Chili Peppers, Spices, Garlic, Color Added, Sugar, Xanthan Gum, Citric Acid, and Disodium Inosinate and Disodium Guanylate.

Allergens: None

Pantry Pack Sabrosa Black Bean Soup

| Nutrition Facts | |
|--|----------------------|
| 6 servings per container | |
| Serving size | 1 cup prepared (31g) |
| Amount Per Serving | |
| Calories | 90 |
| % Daily Value* | |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 460mg | 20% |
| Total Carbohydrate 20g | 7% |
| Dietary Fiber 4g | 14% |
| Total Sugars 4g | |
| Includes 2g Added Sugars | 4% |
| Protein 4g | 8% |
| Not a significant source of vitamin D, calcium, iron, and potassium | |
| *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |