

# NUTRITIONAL FACTS

GEOFFREY ZAKARIAN

## Peppers & Onions Pork Sausage

<b>Nutrition Facts</b>	
Varied servings per container	
<b>Serving size</b>	<b>1 Link (85g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	<b>16%</b>
Saturated Fat 4.5g	<b>23%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 11g	
Vitamin D 0.3mcg	0%
Calcium 10mg	0%
Iron 0.8mg	4%
Potassium 200mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS:

Pork, Peppers, Onions, Water, Salt, Spices

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## Hot Italian Pork Sausage

<b>Nutrition Facts</b>	
Varied servings per container	
<b>Serving size</b>	<b>1 Link (85g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 16g	<b>20%</b>
Saturated Fat 6g	<b>29%</b>
Trans Fat 0g	
<b>Cholesterol</b> 55mg	<b>19%</b>
<b>Sodium</b> 330mg	<b>14%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 14g	
Vitamin D 0.4mcg 2%	Calcium 10mg 0%
Iron 0.9mg 6%	Potassium 240mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS:

Pork, Water, Salt, Spices, Paprika