

NUTRITIONAL FACTS

Monster Sized Soft Pretzel

Nutrition Facts

16 servings per container

Serving size 1/2 Pretzel (135g)

Amount Per Serving

Calories 400

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 500mg **22%**

Total Carbohydrate 75g **27%**

Dietary Fiber 3g **11%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

Protein 12g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 5mg **30%**

Potassium 140mg **4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BLEACHED, ENRICHED FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, DARK BROWN SUGAR (CANE SUGAR, CANE SYRUPS), SALT, ENZYMES, CULTURED WHEAT STARCH, YEAST

CONTAINS: WHEAT

MANUFACTURED BY: THE PRETZEL COMPANY - 75 ABERDEEN ROAD YORK, PA 17406