

NUTRITIONAL FACTS

SQUIRREL BRAND

40 oz. Town & Country

Nutrition Facts

Serving Size 1oz. (30g/about 1/4 cup)

Servings Per Container about 40

Amount Per Serving

Calories 180 **Calories from Fat** 140

Total Fat 15g **% Daily Value***

Saturated Fat 2.5g **12%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 8g **3%**

Dietary Fiber 2g **9%**

Sugars 1g

Protein 6g

Vitamin A 0% • **Vitamin C** 0%

Calcium 4% • **Iron** 4%

*Percent Daily values are based on a 2,000 calorie diet.

INGREDIENTS: SESAME STICKS (FLOUR [WHEAT FLOUR, Malted Barley Flour], SOYBEAN OIL, SESAME SEEDS, BULGUR WHEAT, SEA SALT, CONTAINS LESS THAN 1% OF EACH OF THE FOLLOWING: SOY FLOUR, SOY PROTEIN CONCENTRATE AND TURMERIC AND BEET POWDER (COLOR)), PEANUTS, SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, SEASONING (CHEDDAR CHEESE POWDER [CHEDDAR CHEESE (MILK, SALT, CULTURES, ENZYMES), WHEY AND EXTRACTIVE OF ANNATTO AND TURMERIC (COLOR), MALTODEXTRIN, SALT, CITRIC ACID], WHEY, SALT, DEXTROSE, BUTTERMILK, ONION POWDER, NONFAT DRY MILK, GARLIC POWDER, CITRIC ACID), GARLIC POWDER.

ALLERGEN INFORMATION:
MAY CONTAIN OTHER TREE NUTS.

CONTAINS PRODUCT FROM:
CASHEWS - INDIA, BRAZIL,
VIETNAM, INDONESIA, GHANA.
PEPITAS - CHINA, MEXICO.



NUTRITIONAL FACTS

SQUIRREL BRAND

16 oz. Sweet Town & Country

Nutrition Facts	
about 15 serving per container	
Serving size	1/4 cup (31g)
Amount Per Serving	
Calories	180
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 10g	4%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.8mg	4%
Potassium 130mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HONEY ROAST SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED], SUGAR, SESAME SEEDS, BULGUR WHEAT, CONTAINS LESS THAN 2% OF THE FOLLOWING; HONEY, SALT, SOY PROTEIN CONCENTRATE, MODIFIED POTATO STARCH, MALTODEXTRIN, TURMERIC AND BEET POWDER [COLOR], XANTHAN GUM), HONEY ROAST PEANUTS (PEANUTS, SUGAR, HONEY, VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED], SALT, MODIFIED POTATO STARCH, MALTODEXTRIN, XANTHAN GUM), SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), SALT.

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