

# NUTRITIONAL FACTS

FARMER JON'S POPCORN

## Caramel



The image shows the front of a bag of Farmer Jon's Popcorn Caramel. The bag features a white background with green vertical stripes and a central red vertical stripe. At the top, there are two circular icons: 'FARM FRESH' and 'FAMILY RECIPE'. The main logo is a circular portrait of a farmer in a hat, holding a book, with the text 'FARMER JON'S POPCORN' below it. The word 'Caramel' is written in a large, elegant script font. Below it, the text reads 'GOURMET POPCORN HANDCRAFTED IN SMALL BATCHES'. A wooden bowl filled with caramel popcorn is shown at the bottom. The net weight is listed as 'NET WT. 12 OZ (340g)'. On the right side, there is a 'Nutrition Facts' label and a barcode.

**FRESH FROM OUR FARM TO YOUR TABLE**  
**3RD GENERATION POPCORN FARMER**  
**WHOLE GRAIN**  
**0g TRANS FAT**  
**PRESERVATIVE FREE**  
**GLUTEN-FREE**  
**NON-GMO KERNELS**

**FARMER JON'S POPCORN**  
**Caramel**  
GOURMET POPCORN  
HANDCRAFTED IN SMALL BATCHES

NET WT. 12 OZ (340g)

Nutrition Facts	
12 servings per container	
Serving size 1 oz. (28g)	
Amount per serving	
<b>Calories</b>	<b>140</b>
Total Fat 1g	
Sodium 10mg	
Total Carbohydrate 21g	
Protein 1g	
<small>Percent Daily Values are based on a diet of whole grain popcorn.</small>	
<small>Ingredients: Whole Grain Popcorn, Popcorn Oil, Butter, Cream, Vanilla, Sugar, Light Corn Syrup, Corn Starch, Salt, Vanilla, Water, Soybean Oil, Soybean Lecithin.</small>	
<small>©2018 Farmer Jon's Popcorn, Inc.</small>	
<small>www.farmjonspopcorn.com</small>	

**FARMER JON'S POPCORN**  
Manufactured for  
Farmer Jon's Popcorn - Brno, Iowa 51435  
www.farmjonspopcorn.com  
0 25185 199571 1

# NUTRITIONAL FACTS

FARMER JON'S POPCORN

Vanilla

**FARM FRESH** **FAMILY RECIPE**

**FARMER JON'S POPCORN**

**Vanilla**

GOURMET CARAMEL POPCORN  
HANDCRAFTED IN SMALL BATCHES

**FRESH FROM OUR FARM TO YOUR TABLE**

**3RD GENERATION POPCORN FARMER**

**WHOLE GRAIN**

**0g TRANS FAT**

**PRESERVATIVE FREE**

**GLUTEN-FREE**

**NON-GMO KERNELS**

**NET WT. 12 OZ (340g)**

Nutrition Facts	
12 servings per container	
Serving size 1 oz. (28g)	
Amount per serving	
<b>Calories 115</b>	
% Daily Value*	
Total Fat 4.5g	9%
Saturated Fat 1.5g	3%
Trans Fat 0g	0%
Cholesterol 10mg	2%
Sodium 10mg	2%
Total Carbohydrate 17g	34%
Dietary Fiber 1.5g	3%
Total Sugar 12g	24%
*Percent Daily Values are based on a diet of other people's secrets.	

**FARMER JON'S POPCORN**

Manufactured by  
Farmer Jon's Popcorn, Omaha, NE 68131

#FarmerJonPopcorn  
www.farmersonpopcorn.com

0 51227 75504 2

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FARMER JON'S POPCORN

## Apple Pie

**Nutrition Facts**  
Serving size 1 oz. (28g)  
Amount per serving  
**Calories 140**  
% Daily Value\*

Total Fat	10g	20%
Sodium	100mg	20%
Total Carbohydrate	25g	50%
Dietary Fiber	1g	2%
Sugars	10g	20%
Protein	2g	4%

**FARMER JON'S POPCORN**  
FRESH FROM OUR FARM TO YOUR TABLE  
3RD GENERATION POPCORN FARMER  
WHOLE GRAIN  
0g TRANS FAT  
PRESERVATIVE FREE  
GLUTEN-FREE  
NON-GMO KERNELS

NET WT. 12 OZ (340g)

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*FARMER JON'S POPCORN*