

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

10 (5oz) Cheddar and Bacon Twice Baked Potatoes

Nutrition Facts	
Serving size	1 Potato
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 390mg	17%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 104mg	8%
Iron 0.72mg	4%
Potassium 470mg	10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Potato, Sour Cream (Cultured Cream, Grade A Whey, Modified Food Starch, Sodium Phosphate, Guar Gum, Carrageenan, Calcium Sulfate, Potassium Sorbate (Preservative), Locus Bean Gum), Cheddar Cheese (Cultured Milk, Salt, Enzymes, and Annatto (Color)), Water, Butter (Cream, Salt), Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Lecithin, Mono and Diglycerides, Sodium Benzoate (Preservative), Citric Acid and Beta Carotene (Color)), Bacon (Pork, Water, Salt, Smoke Flavoring, Sodium Nitrite), Salt, Xanthan Gum, Onion Powder, Dried Chives, White Pepper

Contains: Milk and Soy

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

10 (5oz) Sour Cream, Cheddar and Chive Twice Baked Potatoes

Nutrition Facts	
Serving size	1 Potato
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 480mg	21%
Total Carbohydrate 24g	9%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 4g	8%
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.08mg	6%
Potassium 705mg	15%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Baked Potato, Sour Cream (Cultured Pasteurized Milk and Cream, Whey, Modified Corn Starch, Sodium Phosphate, Guar Gum, Carrageenan, Calcium Sulfate, Cultured Dextrose, Potassium Sorbate [Preservative], Locust Bean Gum), Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Annatto [Color]), Water, Butter (Cream, Salt), Margarine (Liquid and Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono and Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Natural and Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate Added), Salt, Xanthan Gum, Onion Powder, Chives, White Pepper

Contains: Milk and Soy