

CinnaMom Bakery

Blueberry Lemon Cinnamon Rolls

Nutrition Facts

12 servings per container

Serving size 1/2 roll (170g)

Amount Per Serving

Calories 430

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 400mg	17%
Total Carbohydrate 70g	25%
Dietary Fiber 2g	7%
Total Sugars 32g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 286mg	20%
Iron 2.34mg	15%
Potassium 141mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Roll ingredients: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), butter, sugar, eggs, nonfat dry milk, yeast, salt.

Roll Filling: brown sugar, cinnamon, soybean oil.

Buttercream frosting: sugar, cornstarch, cream cheese, liquid and hydrogenated soybean oil, palm oil, water, salt, soy lecithin, vegetable and monodiglycerides, sodium benzoate, citric acid, whey solids, calcium, natural and artificial flavor, beta carotene, vitamin A palmitate.

Produced in a facility that uses tree nuts, peanuts, wheat, milk, dairy products, eggs, soy.