

NUTRITIONAL FACTS

FRUITKIES

Pineapple Coconut Bars

Nutrition Facts	Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
	1 servings per container	Total Fat 6g		8%		Total Carbohydrate 17g		6%
Serving size 1.34 oz (38g)	Saturated Fat 4g		20%		Dietary Fiber 5g		18%	
Calories per serving 140	Trans Fat 0g				Total Sugars 9g			
	Cholesterol 0mg		0%		Includes 5g Added Sugars		10%	
	Sodium 0mg		0%		Protein 1g		2%	
	Vitamin D 0mcg	0%		Calcium 26mg	2%		Iron 1.08mg	6%
	Potassium 141mg	4%						

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Blueberry Pecan Bars

Nutrition Facts	Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
	1 servings per container	Total Fat 6g		8%		Total Carbohydrate 17g		6%
Serving size 1.34 oz (38g)	Saturated Fat 0.5g		3%		Dietary Fiber 5g		18%	
Calories per serving 140	Trans Fat 0g				Total Sugars 8g			
	Cholesterol 0mg		0%		Includes 4g Added Sugars		8%	
	Sodium 0mg		0%		Protein 1g		2%	
	Vitamin D 0mcg	0%		Calcium 26mg	2%		Iron 0.54mg	4%
	Potassium 94mg	2%						

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Mango Almond Bars

Nutrition Facts	Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
	1 servings per container	Total Fat 3g		4%		Total Carbohydrate 22g		8%
Serving size 1.34 oz (38g)	Saturated Fat 0.25g		1%		Dietary Fiber 4g		14%	
Calories per serving 140	Trans Fat 0g				Total Sugars 9g			
	Cholesterol 0mg		0%		Includes 4g Added Sugars		8%	
	Sodium 20mg		1%		Protein 3g		6%	
	Vitamin D 0mcg	0%		Calcium 65mg	4%		Iron 0.54mg	4%
	Potassium 0mg	0%						

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Apple Cranberry Bars

Nutrition Facts	Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
	1 servings per container	Total Fat 6g		8%		Total Carbohydrate 17g		6%
Serving size 1.34 oz (38g)	Saturated Fat 4g		20%		Dietary Fiber 5g		18%	
Calories per serving 140	Trans Fat 0g				Total Sugars 9g			
	Cholesterol 0mg		0%		Includes 5g Added Sugars		10%	
	Sodium 0mg		0%		Protein 1g		2%	
	Vitamin D 0mcg	0%		Calcium 26mg	2%		Iron 1.08mg	6%
	Potassium 141mg	4%						

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