

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

## 2 (32oz) Baked Potato Casseroles

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>2/3 Cup (140g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>210</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4g	<b>20%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 660mg	<b>29%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 5g	<b>10%</b>
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.08mg	6%
Potassium 376mg	8%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** POTATOES, WATER, SOUR CREAM (Cultured Milk, Cream, Whey, Modified Corn Starch, Sodium Phosphate, Guar Gum, Carrageenan, Carob Bean Gum and Potassium Sorbate [maintains freshness]), NON DAIRY CREAMER (Corn Syrup Solids, Sunflower Oil, Sodium Caseinate [a milk derivative], Dipotassium Phosphate, Lecithin, Sodium Silico Aluminate Tocopherols [to protect flavor], and Artificial Flavor), CHEDDAR CHEESE (Cultured Pasteurized Milk, Salt, Enzymes, Powdered Cellulose [added to prevent caking], Annatto [color], Natamycin [a natural mold inhibitor]), VEGETABLE OIL (100% Soybean Oil), BACON (Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May also contain Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate), MODIFIED CORN STARCH, SALT, SPICE, GRANULATED GARLIC, CITRIC ACID, DEHYDRATED CHIVES.

**CONTAINS:** Milk