

# NUTRITIONAL FACTS

CORKY'S BBQ



## 3lb Oven Roasted Chicken Wings

with Corky's Smokey Bacon Rub

<b>Nutrition Facts</b>			
Serving Size: 2 Wings (113g)			
Servings per Container About 12			
Amount Per Serving			
Calories 140 Calories from Fat 80			
% Daily Value*			
Total Fat 9g	14%		
Saturated Fat 2g	10%		
Trans Fat 0g			
Cholesterol 40mg	13%		
Sodium 430mg	18%		
Total Carbohydrate 3g	1%		
Dietary Fiber 0g	0%		
Sugars 1g			
Protein 10g			
Vitamin A 6%	Vitamin C 0%		
Calcium 0%	Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 . Carbohydrate 4 . Protein 4			

**Ingredients: Chicken Wing Sections** (Water, Seasoning (Salt, Garlic Powder, Dehydrated Onion, Maltodextrin, Critic Acid, Xanthan Gum, Disodium Inosinate, Disodium Guanylate, Torula Yeast, Natural Flavors), Food Starch-Modified and Sodium Phosphate. Coated With: Rice Flour, Wheat Flour, Modified Food Starch. **Smokey Bacon Seasoning** (Sugar, sea salt, spices (including chili), paprika, maltodextrin, dehydrated onion and garlic, natural flavors, disodium inosinate and disodium guanylate, natural smoke flavor, yeast extract, salt, rendered bacon fat, soybean oil (as a processing aid), bacon type flavor (sunflower oil, smoke flavor, natural flavors), celery seed, mustard flour, extractives of paprika, rice starch, gum arabic, not more than 2% calcium silicate added to prevent caking.).

**CONTAINS: WHEAT**

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## Greenhead Lobster Ravioli

<b>Nutrition Facts</b>	
About 7 servings per container	
<b>Serving size</b>	<b>6 Ravioli (140g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 4.5g	<b>23%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 380mg	<b>17%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 313mg	25%
Iron 1mg	6%
Potassium 81mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Lobster reduction (milk with vitamin D added, cream, lobster, sherry wine (wine, salt, malic acid, caramel color, potassium metabisulfite [preservative], contains sulfites), shallots, butter [pasteurized cream, salt], white wine [wine, salt, sulfites], enriched wheat flour [wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], lobster base [lobster, sea salt, natural flavor, tomato puree, sugar, maltodextrin, lobster extract, potato starch, gelatin, dried onion, beta carotene {color}, lactic acid, extract of paprika {color}], food starch-modified, lemon juice, rice starch, sea salt, carrageenan, spices), ricotta cheese (pasteurized whey, cream, milk), semolina flour (semolina [durum wheat], niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), lobster, water, liquid whole eggs with citric acid (whole egg, citric acid [preservative], water), panko bread crumbs (wheat flour, cane sugar, yeast, sea salt), 2% or less of egg whites, sea salt, food starch-modified, ascorbic acid, natural vitamin E added to protect flavor, spices.

**Contains: Milk, Egg, Crustacean Shellfish (Lobster), Wheat**

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## 3lb Oven Roasted Chicken Wings

with Corky's Bourbon Rub

### Nutrition Facts

Serving Size: 2 Wings (113g)  
Servings per Container About 12

#### Amount Per Serving

Calories 130 Calories from Fat 80

% Daily Value\*

Total Fat 9g 14%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 610mg 25%

Total Carbohydrate 2g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 10g

Vitamin A 6% • Vitamin C 0%

Calcium 0% • Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9, Carbohydrate 4, Protein 4

**Ingredients: Chicken Wing Sections** (Water, Seasoning (Salt, Garlic Powder, Dehydrated Onion, Maltodextrin, Citric Acid, Xanthan Gum, Disodium Inosinate, Disodium Guanylate, Torula Yeast, Natural Flavors), Food Starch-Modified and Sodium Phosphate. Coated With: Rice Flour, Wheat Flour, Modified Food Starch. **Bourbon Seasoning** (Spices (including celery seed), Salt, Sugar, Yeast Extract, Dehydrated Garlic, Dehydrated Onion, Natural Flavors, Canola Oil (as a processing aid), Maltodextrin, Rice Bran Oil, Natural Smoke Flavor, Bourbon Whiskey, Not More than 2% Silicon Dioxide Added To Prevent Caking. CONTAINS: WHEAT