

NUTRITIONAL FACTS

EGG HARBOR

6-oz. Jumbo Lump Crab Cakes

Nutrition Facts	
1 servings per container	
Serving size	6 oz (170g)
Amount per serving	
Calories	400
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 185mg	62%
Sodium 850mg	37%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 187mg	15%
Iron 1mg	6%
Potassium 340mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	