

# NUTRITIONAL FACTS

THE PEANUT SHOP OF WILLIAMSBURG

## Congratulations Gift Box – 3/10.5oz Tins

**Handcooked  
Virginia Peanuts**  
LIGHTLY SALTED



**PREPARED FROM AN OLD SOUTH RECIPE**  
The finest super extra-large Virginia Peanuts handcooked in peanut oil with no additives or preservatives to alter the natural goodness - which is why our Handcooked Virginia Peanuts have become the Gold Standard by which all fine peanuts are judged. Packed at the peak of freshness. Please store your opened tin in the refrigerator or freezer.

INGREDIENTS: SUPER EXTRA LARGE VIRGINIA PEANUTS,  
PEANUT OIL, SEA SALT.

**CONTAINS PEANUTS**  
MANUFACTURED ON SHARED EQUIPMENT IN A FACILITY  
PROCESSING MILK, PEANUTS, SOY, TREE NUTS, AND WHEAT.

<b>Nutrition Facts</b>	
about 10 servings per container	
<b>Serving Size 2 TBSP (30g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vit. D 0mcg 0%	• Calcium 30mg 2%
Iron 0.4mg 2%	• Potas. 200mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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THE PEANUT SHOP OF WILLIAMSBURG

## Honey Roasted Peanuts



PREPARED FROM OUR SPECIAL RECIPE

Each batch is perfectly coated with pure honey and a dash of salt. A crispy delight we're proud to call our own! Packed at the peak of freshness. Please store the opened tin in your refrigerator or freezer.

**INGREDIENTS: PEANUTS, SUGAR, HONEY, TAPIOCA DEXTRIN, PEANUT OIL AND/OR COTTONSEED OIL, SALT.**

**CONTAINS PEANUTS**

MANUFACTURED ON SHARED EQUIPMENT IN A FACILITY PROCESSING MILK, PEANUTS, SOY, TREE NUTS, AND WHEAT.

### Nutrition Facts

about 9 servings per container

**Serving Size 2 TBSP (30g)**

Amount per serving

**Calories 160**

% Daily Value\*

**Total Fat** 10g **13%**

Saturated Fat 1g **5%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 55mg **2%**

**Total Carbohydrate** 12g **4%**

Dietary Fiber 5g **18%**

Total Sugars 4g

Includes 4g Added Sugars **8%**

**Protein** 5g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0.5mg 2% • Potas. 160mg 4%

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THE PEANUT SHOP OF WILLIAMSBURG

## Whole Cashews

LIGHTLY SALTED



*PREPARED FROM AN OLD SOUTH RECIPE*

Simply the finest plump, large Whole Cashews are handcooked according to our traditional recipe. Packed at the peak of freshness. Please store the opened tin in your refrigerator or freezer.

**INGREDIENTS: CASHEWS, PEANUT OIL, SEA SALT**

**CONTAINS PEANUTS, TREE NUTS [CASHEWS]**

MANUFACTURED ON SHARED EQUIPMENT IN A FACILITY PROCESSING MILK, PEANUTS, SOY, TREE NUTS, AND WHEAT.

The Peanut Shop *of Williamsburg*

Toano, VA 23168 ♦ thepeanutshop.com ♦ 1-800-637-3268

### Nutrition Facts

about 10 servings per container

**Serving Size 2 TBSP (30g)**

**Amount per serving**  
**Calories 170**

**% Daily Value\***

**Total Fat** 13g **17%**

Saturated Fat 2g **10%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 25mg **1%**

**Total Carbohydrate** 10g **4%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

**Protein** 6g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 2mg 10% • Potas. 200mg 4%

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