

Nutrition Facts

12 servings per container

Serving size 1/2 roll (170g)

Amount Per Serving

Calories **430**

% Daily Value*

Total Fat 13g **17%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 35mg **12%**

Sodium 400mg **17%**

Total Carbohydrate 63g **23%**

Dietary Fiber 2g **7%**

Total Sugars 30g

Includes 0g Added Sugars **0%**

Sugar Alcohol 0g

Protein 7g **14%**

Vitamin D 0.4mcg **2%**

Calcium 390mg **30%**

Iron 3.6mg **20%**

Potassium 188mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.