


# NUTRITIONAL FACTS

THE PEANUT SHOP OF WILLIAMSBURG

## Lightly Salted Handcooked Peanuts – 2/20oz Tin

**Handcooked  
Virginia Peanuts**  
LIGHTLY SALTED



**PREPARED FROM AN OLD SOUTH RECIPE**  
The finest super extra-large Virginia Peanuts handcooked in peanut oil with no additives or preservatives to alter the natural goodness - which is why our Handcooked Virginia Peanuts have become the Gold Standard by which all fine peanuts are judged. Packed at the peak of freshness. Please store your opened tin in the refrigerator or freezer.

INGREDIENTS: SUPER EXTRA LARGE VIRGINIA PEANUTS,  
PEANUT OIL, SEA SALT.

**CONTAINS PEANUTS**  
MANUFACTURED ON SHARED EQUIPMENT IN A FACILITY  
PROCESSING MILK, PEANUTS, SOY, TREE NUTS, AND WHEAT.

<b>Nutrition Facts</b>	
about 19 servings per container	
<b>Serving Size 2 TBSP (30g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vit. D 0mcg 0%	• Calcium 30mg 2%
Iron 0.4mg 2%	• Potas. 200mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.