

# NUTRITIONAL FACTS

MAMA MANCINI'S (M83561)

## MamaMancini's Italian Style 3-Cheese Meatloaf Beef and Turkey with Tangy Sauce

### BEEF MEATLOAF

#### Nutrition Facts

2 servings per container  
**Serving size 8 oz (226g)**

**Amount per serving**

**Calories 520**

	% Daily Value*
<b>Total Fat 35g</b>	<b>45%</b>
Saturated Fat 14g	70%
Trans Fat 2g	
<b>Cholesterol 160mg</b>	<b>53%</b>
<b>Sodium 990mg</b>	<b>43%</b>
<b>Total Carbohydrate 17g</b>	<b>6%</b>
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
<b>Protein 34g</b>	
Vitamin D 0.5mcg	2%
Calcium 260mg	20%
Iron 5.6mg	30%
Potassium 750mg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GROUND BEEF, ONIONS, BREADCRUMBS (UNBLEACHED WHEAT FLOUR, SUGAR, YEAST, SALT), WHOLE EGGS, TOMATO PASTE, ROMANO CHEESE [HARD GRATING CHEESE (COWS MILK, CHEESE CULTURES, SALT, RENNET), CHEESE WHEY SOLIDS (MILK) STARCH AND POWDERED CELLULOSE TO PREVENT CAKING], ASIAGO CHEESE [PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE (TO PREVENT CAKING)], CELERY, CARROTS, PARMESAN CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], POWDERED CELLULOSE (TO PREVENT CAKING)], PARSLEY, DIJON MUSTARD (MUSTARD SEED, VINEGAR, WATER, SALT, SPICES), SALT, GARLIC, BLACK PEPPER.

CONTAINS: MILK, WHEAT AND EGG

### TURKEY MEATLOAF

#### Nutrition Facts

2 servings per container  
**Serving size 8 oz (226g)**

**Amount per serving**

**Calories 380**

	% Daily Value*
<b>Total Fat 17g</b>	<b>22%</b>
Saturated Fat 6g	30%
Trans Fat 0g	
<b>Cholesterol 145mg</b>	<b>48%</b>
<b>Sodium 1000mg</b>	<b>43%</b>
<b>Total Carbohydrate 20g</b>	<b>7%</b>
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugars	0%
<b>Protein 36g</b>	
Vitamin D 0.8mcg	4%
Calcium 260mg	20%
Iron 4.6mg	25%
Potassium 680mg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BRF GROUND TURKEY, ONIONS, BREADCRUMBS (UNBLEACHED WHEAT FLOUR, SUGAR, YEAST, SALT), WHOLE EGGS, TOMATO PASTE, ROMANO CHEESE [HARD GRATING CHEESE (COWS MILK, CHEESE CULTURES, SALT, RENNET), CHEESE WHEY SOLIDS (MILK) STARCH AND POWDERED CELLULOSE TO PREVENT CAKING], ASIAGO CHEESE [PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE (TO PREVENT CAKING)], CELERY, CARROTS, PARMESAN CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE (TO PREVENT CAKING)], PARSLEY, DIJON MUSTARD (MUSTARD SEED, VINEGAR, WATER, SALT, SPICES), SALT, GARLIC, ITALIAN SEASONING (BASIL LEAF, OREGANO, ROSEMARY CRACKED), BLACK PEPPER.

CONTAINS: MILK, WHEAT AND EGG

### TANGY SAUCE

#### Nutrition Facts

Serving Size 2 oz.  
 Serving Size per bag approx. 8

**Amount Per Serving**

**Calories 45**

	% Daily Value*
<b>Total Fat 0.0 g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 0.1mg</b>	<b>0%</b>
<b>Sodium 180mg</b>	<b>8%</b>
<b>Total Carbohydrate 10g</b>	<b>4%</b>
Dietary Fiber < 1g	4%
Total Sugars 5g	
Includes 9.7 g Added Sugars	0%
<b>Protein &lt; 1g</b>	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.5mg	4%
Potassium 240mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TOMATO, TOMATO CONCENTRATE, BROWN SUGAR, VINEGAR, ONION, SALT, OLIVE OIL, GARLIC, CITRIC ACID, BLACK PEPPER.

M83561

MAMAMANCINI'S.COM  
 Packed for MamaMancini Inc., 25  
 Branca Road East Rutherford, New  
 Jersey.

Package Net Weight: 96 oz. (6 lbs.)