

How to Cook Potstickers

Since our potstickers are fully cooked, all you have to do is heat and eat. Here are some my favorite ways to prepare them.

Heat From Frozen



PAN-FRY

Add 1 tablespoons of oil to a non-stick skillet. Heat over medium heat until oil is hot. Place frozen potstickers in skillet, in a single layer. Cook until potsticker bottoms are golden. Remove from heat and cover. Let pan sit for 2-3 minutes to allow them to steam. When centers are heated through, they're ready to serve.

TIP: If you prefer your potstickers to be golden on both sides, rather than covering them, carefully turn them over and continue to cook until both sides are crispy.



STEAM

Place a wire rack or bamboo steamer over a pot of boiling water. Place frozen potstickers on the rack or steamer, in a single layer. Cover and steam for 3 to 5 minutes or until tender and filling is heated through. (Be careful not to overcook these.) Be careful when removing the steamer or potstickers from pan; steam will be very hot.



AIR-FRY

Lightly spray frozen potstickers with cooking spray and place in basket. Air-fry at 375°F for 6 to 7 minutes, shaking the basket halfway through, or until potstickers are crispy, golden, and centers are heated through.



OVEN "FRIED"

Preheat oven to 375°F. Place frozen potstickers in a bowl and lightly toss with oil. Place potstickers on a rimmed baking sheet. Bake 15 to 20 minutes or until potstickers are golden and centers are heated through.



DEEP-FRY

Fill a soup pot, deep skillet, or electric deep fryer, no more than half full with peanut or vegetable oil. Heat oil to 350°F. Use a thermometer to maintain this temperature or set electric fryer to this temperature. (Do not overheat or leave unattended.) Carefully place a few frozen potstickers in oil (never allow oil to get more than halfway up pan, to avoid splashing!) Cook until crispy, golden, and centers are heated through.



MICROWAVE

Place 12 frozen potstickers on a microwave-safe dish lined with a wet paper towel. Cover with another wet paper towel and microwave on high for about 2 minutes or until hot. (Time may vary based on your microwave.)