

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (8oz) Top Sirloin

Nutrition Facts	
16 servings per container	
Serving size	1/2 Steak (113g)
Amount Per Serving	
Calories	240
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 60mg	20%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 23g	46%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.8mg	10%
Potassium 0mg	0%
Vitamin A	0%
Vitamin C	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Beef

Grill until product reaches 145F as measured by a food thermometer, and hold the product at or above that temperature for 3 minutes.

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Original Steak Seasoning Packet



The front of the packet features the Kansas City Steak Company logo (Established 1932) and the text "ORIGINAL TASTE. IT MATTERS." with five stars. Below this is the product name "STEAK SEASONING" and a description of the seasoning mixture. It includes instructions for use, a table for grilling temperatures and times for RARE, MED. RARE, and MEDIUM steaks, and a section for charcoal preparation. A "Nutrition Facts" table is provided, along with "GRILLING TIPS" and a list of ingredients.

ESTABLISHED 1932
THE *Kansas City* STEAK COMPANY

★★★★★
ORIGINAL
TASTE. IT MATTERS.

STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE	MED. RARE	MEDIUM
120°F-130°F	130°F-140°F	140°F-150°F
7 MIN. >	9 MIN. >	9 MIN. >
FLIP, 7 MIN.	FLIP, 7 MIN.	FLIP, 9 MIN.

We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

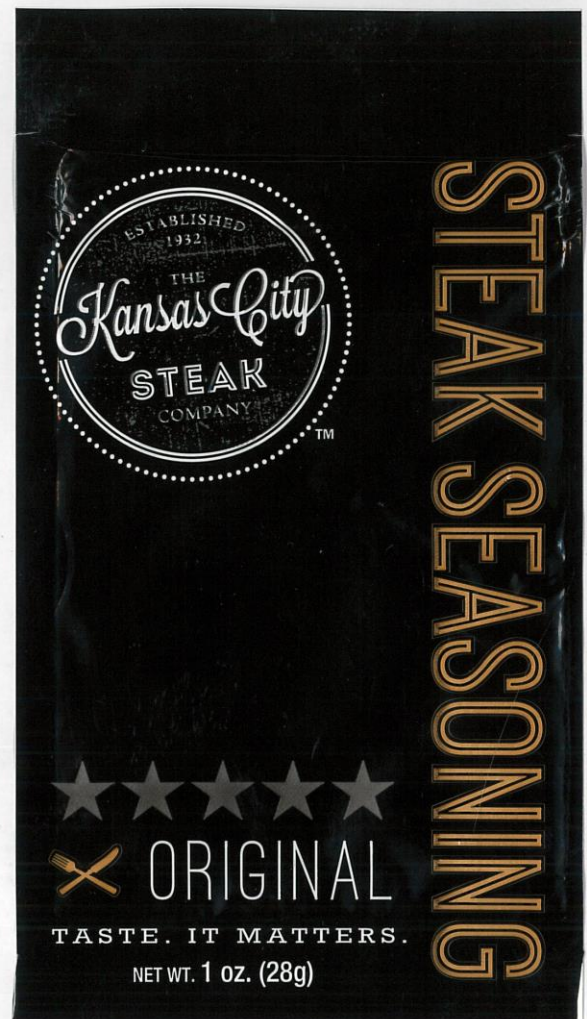
Nutrition Facts
Serving Size 1/4 tsp (0.8g)
Servings: About 35

Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Sodium 200mg	8%
Total Carbohydrate 0g	0%
Protein 0g	

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI-CAKE).

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
kansascitysteaks.com 800 524 1844



The back of the packet features the Kansas City Steak Company logo (Established 1932) and the text "ORIGINAL TASTE. IT MATTERS." with five stars. The product name "STEAK SEASONING" is printed vertically on the right side. Below this is the product name "ORIGINAL" and the text "NET WT. 1 oz. (28g)".

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ORIGINAL
TASTE. IT MATTERS.

STEAK SEASONING

NET WT. 1 oz. (28g)