

# NUTRITIONAL FACTS

SQUIRREL BRAND

(2) 40 oz. Mixes  
Town & Country

<b>Nutrition Facts</b>	
Serving Size 1oz. (30g/about 1/4 cup)	
Servings Per Container about 40	
Amount Per Serving	
<b>Calories</b> 180	Calories from Fat 140
	<b>% Daily Value*</b>
<b>Total Fat</b> 15g	<b>23%</b>
Saturated Fat 2.5g	<b>12%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 2g	<b>9%</b>
Sugars 1g	
<b>Protein</b> 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 4%

\*Percent Daily values are based on a 2,000 calorie diet.

**INGREDIENTS:** SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], SOYBEAN OIL, SESAME SEEDS, BULGUR WHEAT, SEA SALT, CONTAINS LESS THAN 1% OF EACH OF THE FOLLOWING: SOY FLOUR, SOY PROTEIN CONCENTRATE AND TURMERIC AND BEET POWDER (COLOR)), PEANUTS, SUNFLOWER KERNELS, ALMONDS, CASHEWS, PEPITAS, VEGETABLE OIL (PEANUT, COTTONSEED, SOYBEAN AND/OR SUNFLOWER SEED), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, SEASONING (CHEDDAR CHEESE POWDER [CHEDDAR CHEESE (MILK, SALT, CULTURES, ENZYMES), WHEY AND EXTRACTIVE OF ANNATTO AND TURMERIC (COLOR), MALTODEXTRIN, SALT, CITRIC ACID], WHEY, SALT, DEXTROSE, BUTTERMILK, ONION POWDER, NONFAT DRY MILK, GARLIC POWDER, CITRIC ACID), GARLIC POWDER.

**ALLERGEN INFORMATION:**  
MAY CONTAIN OTHER TREE NUTS.

**CONTAINS PRODUCT FROM:**  
CASHEWS - INDIA, BRAZIL,  
VIETNAM, INDONESIA, GHANA.  
PEPITAS - CHINA, MEXICO.



# NUTRITIONAL FACTS

SQUIRREL BRAND

## Traveler's Mix

64566 MIX, TRAVELER'S

Nutrition Facts	
about 15 servings per container	
<b>Serving size</b>	<b>1/4 cup (30g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>170</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 2g	<b>9%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>9%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>6%</b>
Total Sugars 4g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.6mg	4%
Potassium 120mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRY ROASTED PEANUTS (PEANUTS, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SEA SALT, SUGAR, MONOSODIUM GLUTAMATE [FLAVOR ENHANCER], CORN STARCH, MODIFIED CORN STARCH, DRIED TORULA YEAST, SALT, SPICE, MOLASSES, ONION POWDER, NATURAL FLAVORS [CONTAINS CEREAL WITH GLUTEN], GARLIC POWDER, MALTODEXTRIN AND OLEORESIN OF PAPRIKA [CONTAINS SOYBEAN OIL]), CHEESE SEASONED SESAME STICKS (FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR], SOYBEAN OIL, SESAME SEEDS, BULGUR WHEAT, CHEDDAR CHEESE POWDER [CHEDDAR CHEESE (MILK, SALT, CULTURES, ENZYMES), WHEY, EXTRACTIVE OF ANNATTO AND TURMERIC (COLOR), MALTODEXTRIN, SALT, CITRIC ACID], CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEY, DEXTROSE, BUTTERMILK, ONION POWDER, NONFAT DRY MILK, SOY PROTEIN, GARLIC POWDER, CITRIC ACID AND TURMERIC AND BEET POWDER [COLOR]), BUTTER TOFFEE PEANUTS (SUGAR, PEANUTS, CONTAINS LESS THAN 2% OF THE FOLLOWING: PEANUT OIL, BUTTER [CREAM, SALT], SALT, SOY LECITHIN, CARAMEL COLOR), SMOKE FLAVORED ALMONDS (ALMONDS, VEGETABLE OIL [PEANUT, COTTONSEED, SOYBEAN, AND/OR SUNFLOWER SEED], CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, HYDROLYZED SOY PROTEIN, YEAST EXTRACT, BROWN SUGAR, NATURAL HICKORY SMOKE FLAVOR, TORULA YEAST, NATURAL FLAVOR, LIPOLYZED BUTTER OIL [MILK]), PRETZEL BALLS (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], VEGETABLE OIL [CORN, CANOLA, AND/OR SOYBEAN], SALT, MALT, CORN SYRUP, BAKING SODA, YEAST).

ALLERGEN INFORMATION: MAY CONTAIN OTHER TREE NUTS.