

# NUTRITIONAL FACTS

CORKY'S BAR-B-Q



## Bone-In Pork Roast with Corky's Honey Bar-B-Q Sauce

### Nutrition Facts

Serving Size 5 oz (140g)

Servings Per Container 10

#### Amount Per Serving

**Calories** 260    Calories from Fat 110

**% Daily Value\***

**Total Fat** 12g                      **18%**

    Saturated Fat 4g                **20%**

*Trans* Fat 0g

**Cholesterol** 65mg                **22%**

**Sodium** 390mg                    **17%**

**Total Carbohydrate** 11g        **3%**

    Dietary Fiber <1g              **3%**

    Sugars 8g

**Protein** 23g

Vitamin A 4%    •    Vitamin C 0%

Calcium 0%    •    Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Bone-In Pork Roast, ((Corky's Honey Bar-B-Q Sauce (High Fructose Corn Syrup, Tomato Paste, Water, Distilled Vinegar, Honey, Corn Syrup, Salt. Sugar, Molasses. Modified Food Starch, Pineapple Juice Concentrate, Natural Smoke Flavor, Garlic Powder, Artificial Flavor, Sodium Benzoate (Preservative), Spices)).

# NUTRITIONAL FACTS

CORKY'S BAR-B-Q



## Bone In Pork Roast with Corky's Original Sauce

<b>Nutrition Facts</b>	
Serving Size: 5 oz (140g) Servings per Container 20	
<b>Amount Per Serving</b>	
Calories 250    Calories from Fat 110	
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
<b>Cholesterol</b> 65mg	22%
<b>Sodium</b> 390mg	17%
<b>Total Carbohydrate</b> 9g	3%
Dietary Fiber <1g	3%
Sugars 6g	
<b>Protein</b> 23g	
<b>Vitamin A</b> 2%    • <b>Vitamin C</b> 0%	
<b>Calcium</b> 0%    • <b>Iron</b> 4%	
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Sat Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300mg
Sodium	Less Than 2400mg    2400mg
Total Carbohydrate	300g    300g
Dietary Fiber	25g    30g
<small>Calories per gram: Fat 9 . Carbohydrate 4 . Protein 4</small>	

Ingredients: **Bone-In Pork Roast, Corky's Original Barbbq Sauce** (Water, Tomato Paste, High Fructose Corn Syrup, Molasses, Distilled Vinegar, Brown Sugar, Salt, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavors), Cayenne Peppers, Natural Smoke Flavor, Dehydrated Onions, Soybean Oil, Dextrose, Dehydrated Garlic, Spice and Spice Extractives, Xanthan Gum, Sodium Benzoate, (Preservative), Guar Gum, Ascorbic Acid)