

Nutrition Facts

2 servings per container

Serving size 1 Cutlet 3.5oz (100g)

Calories	Per serving		Per container	
		270		540
		% DV*		% DV*
Total Fat	12g	15%	25g	32%
Saturated Fat	1.5g	8%	2.5g	12%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	530mg	23%	1060mg	46%
Total Carb.	23g	8%	46g	17%
Dietary Fiber	<1g	3%	2g	8%
Total Sugars	2g		3g	
Incl. Added Sugars	0g	0%	<1g	1%
Protein	17g	32%	34g	64%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	60mg	4%	120mg	10%
Iron	1.5mg	8%	3mg	15%
Potassium	420mg	8%	850mg	20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

2 PLANT-BASED CHICKEN STYLE CUTLETS MADE WITH WHEAT PROTEIN

INGREDIENTS: Vegetable Proteins (Water, Wheat Protein, Wheat Flour), Cornflakes (Corn, Sugar, Salt, Barley Malt Extract), Sunflower Oil, Wheat Gluten, Pea Starch, Wheat Flour, Pea Protein, Salt (Sea Salt, Salt), Modified Wheat Starch, Dried Onion, Natural Flavors, Wheat Starch, Yeast Extract, Pea Fiber, White Pepper, Bamboo Fiber, Methylcellulose, Potassium Lactate.

CONTAINS: WHEAT. MAY CONTAIN PEANUT. MADE IN A FACILITY THAT ALSO PROCESSES SOY AND MILK.