

NUTRITIONAL FACTS

GEOFFREY ZAKARIAN

Lemon

Nutrition Facts	
Serving Size 1 tbsp. (15ml)	
Servings Per Container 34	
Amount Per Serving	
Calories 130	Calories from Fat 130
% Daily Value	
Total Fat 15g	23%
Saturated Fat 2g	10%
Trans Fat 0mg	
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	
Not a significant source of cholesterol, dietary fiber, sugars, vitamin A, vitamin C, calcium, and iron.	
*Percent Daily Values are based on a 2,000 calorie diet.	

NUTRITIONAL FACTS

Orange

Nutrition Facts	
Serving Size 1 tbsp. (15ml)	
Servings Per Container 34	
Amount Per Serving	
Calories 130	Calories from Fat 130
% Daily Value	
Total Fat 15g	23%
Saturated Fat 2g	10%
Trans Fat 0mg	
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	
Not a significant source of cholesterol, dietary fiber, sugars, vitamin A, vitamin C, calcium, and iron.	
*Percent Daily Values are based on a 2,000 calorie diet.	