

## Red Wine Inspired Cheese Pairing

### Carr's Crackers

INGREDIENTS: WHEAT Flour, Vegetable Oil (Palm), Salt, Maltodextrin, Ferrous Sulfate, Niacinamide, Thiamine Mononitrate, Riboflavin, Folic Acid. Contains WHEAT. May contain MILK. Produced on a line handling sesame seeds.

NUTRITION FACTS: Servings: 4.5 Serving Size 14g  
Amount Per Serving: Calories 60, Total Fat 0g, Saturated Fat 0g,  
Trans Fat 0g, Cholesterol 0mg, Sodium 80mg, Dietary Fiber 1g,  
Total Carbohydrates 10g, Sugars 0g, Protein 1g, Vitamin A 0%, Vitamin C 0%, Calcium 0.02%, Iron 0%,  
Vitamin E 0%

### Cheddar

INGREDIENTS: Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes. Contains MILK.

NUTRITION FACTS: Servings: 7.5 Serving Size 1oz (28g)  
Amount Per Serving: Calories 100, Total Fat 9g, Saturated Fat 6g,  
Trans Fat 0g, Cholesterol 30mg, Sodium 180mg, Dietary Fiber 0g,  
Total Carbohydrates 0g, Sugars 0g, Protein 7g, Vitamin A 0.06%, Vitamin C 0%, Calcium 0.2%, Iron 0%,  
Vitamin E 0%

### Manchego

INGREDIENTS: Pasteurized Sheep's Milk, Salt, Rennet, Cheese Cultures (inedible rind, gluten free).  
Contains: MILK, May contain traces of EGG

NUTRITION FACTS: Servings: 7.5 Serving Size 1oz (28g)  
Amount Per Serving: Calories 120, Total Fat 10g, Saturated Fat 7g,  
Trans Fat 0g, Cholesterol 20mg, Sodium 210mg, Dietary Fiber 0g,  
Total Carbohydrates 0g, Sugars 0g, Protein 6g, Vitamin A 0%, Vitamin C 0%, Calcium 0.22%, Iron 0%,  
Vitamin E 0%

### Blue

INGREDIENTS: Pasteurized Cow's Milk, Salt, Starter Culture, P. Roqueforti, Microbial Rennet. Contains MILK.

NUTRITION FACTS: Servings: 7.5 Serving Size 1oz (28g)  
Amount Per Serving: Calories 110, Total Fat 8g, Saturated Fat 6g,  
Trans Fat 0g, Cholesterol 30mg, Sodium 410mg, Protein 6g,  
Total Carbohydrates 0g, Dietary Fiber 0g, Sugars 0g, Vitamin A 0%, Vitamin C 0%, Calcium 0.14%, Iron 0%, Vitamin E 0%

## White Wine

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Trans Fat 0g, Cholesterol 0mg, Sodium 80mg, Dietary Fiber 1g,  
Total Carbohydrates 10g, Sugars 0g, Protein 1g, Vitamin A 0%, Vitamin C 0%, Calcium 0.02%, Iron 0%,  
Vitamin E 0%

### Stilton Cheese with Apricots

**INGREDIENTS:** White Stilton Cheese (Pasteurized cow's milk, salt, bacterial culture, enzymes), Dehydrated Apricot (apricot, sugar, citric acid, sulphur dioxide), Contains MILK

**NUTRITION FACTS:** Servings: 7.5 Serving Size 1oz (28g)  
Amount Per Serving: Calories 100, Total Fat 7g, Saturated Fat 4g,  
Trans Fat 0g, Cholesterol 15mg, Sodium 120mg, Dietary Fiber 0g,  
Total Carbohydrates 6g, Sugars 5g, Protein 4g, Vitamin A 0%, Vitamin C 0%, Calcium 0.06%, Iron 0%,  
Vitamin E 0%

### Camembert

**INGREDIENTS:** Pasteurized milk pasteurized cream,  
salt, calcium chloride, microbial enzyme, bacterial  
culture, penicillium candidum. Contains MILK.

**NUTRITION FACTS:** Servings: 7.5 Serving Size 1oz (28g)  
Amount Per Serving: Calories 90, Total Fat 7g, Saturated Fat 4.5g,  
Trans Fat 0g, Cholesterol 25mg, Sodium 130mg, Dietary Fiber 0g,  
Total Carbohydrates 0g, Sugars 0g, Protein 5g, Vitamin A 0%, Vitamin C 0%, Calcium 0.1%, Iron 0%, Vitamin E 0%

### Montasio

**INGREDIENTS:** Thermized Cow's milk,  
Salt, Rennet, Egg White Lysozyme.  
Contains MILK and EGG

## Red & White combo

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