

# NUTRITIONAL FACTS

KRMA FOODS

Flavor: Red Pepper & Tomato Strudel

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving size</b>	<b>1 (105g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>320</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 8g	<b>40%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 600mg	<b>26%</b>
<b>Total Carbohydrate</b> 40g	<b>15%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 5g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 8g	<b>16%</b>
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.6mg	8%
Potassium 230mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** WHEAT FLOUR, 12% bell pepper, 12% BUTTER, 9% tomatoes, 4% SESAME SEEDS, tomato juice, water, CHEESE, sweetcorn, yeast, salt, sugar, onions, WHOLE EGG POWDER, modified starch, dextrose, tomato powder, spices, emulsifier: Mono- and diglycerides of fatty acids; starch: maize glucose syrup, vegetable oil: sunflower; acid: Citric acid; herbs, food coloring: beetroot extract; natural flavoring. 36% Paprika tomato filling. May contain traces of nuts, soybeans, lupin, celery, mustard, other glutenous cereals.

# NUTRITIONAL FACTS

KRMA FOODS

Flavor: Spinach & Feta cheese Strudel

<b>Nutrition Facts</b>	
32 servings per container	
<b>Serving size</b>	<b>1 (110g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>320</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 9g	<b>45%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 70mg	<b>23%</b>
<b>Sodium</b> 550mg	<b>24%</b>
<b>Total Carbohydrate</b> 38g	<b>14%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 1.2mg	6%
Potassium 200mg	4%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** WHEAT FLOUR, 22% spinach, 11% BUTTER, 4% CHEESE, WHOLE EGG, water, 2% FETA, onions, yeast, salt, sugar, WHOLE EGG POWDER, dextrose, modified starch, WHOLE MILK POWDER, spices, CREAM POWDER, maltodextrin, emulsifier: Mono- and diglycerides of fatty acids; vegetable oil: palm; yeast extract, SKIMMED MILK POWDER, MILK SUGAR, flavoring, MILK PROTEIN, onion powder. 36% Spinach filling with feta. May contain traces of nuts, soybeans, lupin, sesame seeds, celery, mustard, other glutenous cereals.