

NUTRITIONAL FACTS

LOI PASTA

Flavor: Fidelini Nests

Nutrition Facts		
4 servings per container		
Serving size		56g
Amount per serving		
Calories		200
% Daily Value*		
Total Fat	1g	1%
Saturated Fat 0.5g		1%
Trans Fat 0g		
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	42g	15%
Dietary Fiber 2g		7%
Total Sugars 2g		
Includes 0g Add.Sugars		0%
Protein	6g	
Vit. D 0mcg 0% Calcium 12mg 0%		
Iron 1mg 4%	Potas 142mg 2%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Ingredients:

INGREDIENTS:
Durum wheat semolina and water.