

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

16 (2oz) Classic Steakburger Sliders

Nutrition Facts

Serving Size 4 oz (112g)

Amount Per Serving

Calories 280 **Calories from Fat** 200

% Daily Value*

Total Fat 22g **34%**

Saturated Fat 8g **40%**

Trans Fat 1.5g

Cholesterol 80mg **27%**

Sodium 75mg **3%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 19g **38%**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Beef

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Original Steak Seasoning Packet




 ESTABLISHED 1932
 THE KANSAS CITY STEAK COMPANY




ORIGINAL
 TASTE. IT MATTERS.

STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE 120°F-130°F 7 MIN. > FLIP, 7 MIN.	MED. RARE 130°F-140°F 9 MIN. > FLIP, 7 MIN.	MEDIUM 140°F-150°F 9 MIN. > FLIP, 9 MIN.
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We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

Nutrition Facts
 Serving Size 1/4 tsp (0.8g)
 Servings: About 35


Amount Per Serving		Calories from Fat 0	
			% Daily Value*
Total Fat	0g		0%
Sodium	200mg		8%
Total Carbohydrate	0g		0%
Protein	0g		

*Percent Daily Values are based on a 2,000 calorie diet.


INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI-CAKES)


Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
 kansascitysteaks.com 800 524 1844




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STEAK SEASONING




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NET WT. 1 oz. (28g)

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