

NUTRITIONAL FACTS

My Grandma's of New England

My Grandma's choice of .28 oz Coffee Cake Lemon Coconut



Nutrition Facts		Calories 2,000 2,500	
Serving Size: 1/14 cake (57g)		Total Fat	Less Than 65g 80g
Servings Per Container 14		Sat Fat	Less Than 20g 25g
Amount per Serving		Cholesterol	Less Than 300mg 300mg
Calories 240 Calories from fat 110		Sodium	Less Than 2,400mg 2,400mg
% Daily Value*		Total Carbohydrate	300g 375g
Total Fat 12g	18%	Dietary Fiber	25g 30g
Saturated Fat 5g	24%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Trans Fat 0g		INGREDIENTS: Sugar, Enriched Bleached Wheat Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Sour Cream (cultured milk, cream, nonfat milk, enzyme), Egg, Coconut (coconut, sugar, water), Soybean Oil, Palm Oil, Lemon Extract, Vanilla Extract, Leavening (monocalcium phosphate, baking soda, sodium acid pyrophosphate, cornstarch), Modified Food Starch, Propylene Glycol, Mono and Di-esters of Fat and Fatty Acids (emulsifier), Dextrose, Egg Whites, Mono and Di-glycerides (emulsifier), Salt, Natural Flavor, Sodium Stearoyl Lactylate (emulsifier), Tetrasodium Pyrophosphate, Disodium Phosphate, Xanthan Gum, Calcium Sulphate, Gum Arabic, Soy Lecithin as an emulsifier, Cellulose Gum, Turmeric Extracts (for added color).	
Cholesterol 40mg	14%		
Sodium 280mg	12%		
Total Carbohydrate 30g	10%		
Dietary Fiber <1g	2%		
Sugars 21g		CONTAINS WHEAT, EGGS, SOY (OIL, LECITHIN), COCONUT, AND MILK. MANUFACTURED IN A FACILITY THAT USES TREE NUTS.	
Protein 2g			
Vitamin A 2% • Vitamin C 0%			
Calcium 8% • Iron 4%			
* Percent Daily Values are based on a 2,000 calorie diet.			