

NUTRITIONAL FACTS

Lono Life

Tomato Beef Bone Broth

Nutrition Facts	
4 servings per container	
Serving size	1 stick pack (19g)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol less than 5mg	1%
Sodium 600mg	26%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	20%
Vit. D 0mcg 0%	Calcium 29mg 2%
Iron 1mg 6%	Potassium 300mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

LONO LIFE

ABSOLUTELY NO

GLUTEN SUGAR

Not a low calorie food. See nutrition information for sugar, calorie and sodium content.

10g PROTEIN PER SERVING

COLLAGEN

AMINO ACIDS

INGREDIENTS
beef collagen, organic tomato powder, dried beef, natural flavors, salt, yeast extract, spices

Manufactured for: LonoLife®
1722 S. Coast Highway, Suite 4
Oceanside, CA 92054
855-843-8566
www.LonoLife.com

LonoLife® was born out of a bold, beautiful belief:
Life is a celebration to be embraced. You totally deserve **more to savor, more fulfillment and more energy** - without sacrificing simple, authentic goodness or quick, easy convenience. We pack all of that into our **stick packs**.

SO GET BREWING. THEN GET LIVING.

NUTRITIONAL FACTS

Chicken Bone Broth

Nutrition Facts

Serving Size 1 Stick Pack (16g)
Servings Per Container 4

Amount Per Serving	Calories from Fat 0
Calories 48	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol less than 1mg	0%
Sodium 584mg	24%
Total Carbohydrate 3g	1%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 10g	20%

Not a significant source of vitamin A, vitamin C, calcium, and iron

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

INGREDIENTS

chicken bone broth, chicory root, yeast extract, salt, natural flavors, black pepper, sage, thyme

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SO GET BREWING. THEN GET LIVING.

There's nothing more **PALEO** than bone broth.

10g
PROTEIN
PER SERVING

COLLAGEN

AMINO ACIDS

The difference is as real as the ingredients.

OUR LOW-CARB CHICKEN BONE BROTH IS LOADED WITH THE PROTEIN AND FLAVOR YOU'RE LOOKING FOR — BUT NO GLUTEN. IT'S CRAFTED FROM REAL ROASTED BONES, FRESH VEGGIES AND HERBS. MAKE THE SAVORY, HEALTHY CHOICE THAT'S QUICK AND EASY TO PREPARE!

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