

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (6oz) Top Sirloin Steaks - Classic

Nutrition Facts

Serving Size 1 Sirloin Steak (170g)

Amount Per Serving

Calories 360

Calories from Fat 220

% Daily Value*

Total Fat 24g **37%**

Saturated Fat 10g **50%**

Trans Fat 0g

Cholesterol 90mg **30%**

Sodium 85mg **4%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 34g **68%**

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Mechanically Tenderized Beef

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THE KANSAS CITY STEAK COMPANY

Original Steak Seasoning Packet



The front of the packet features the Kansas City Steak Company logo (Established 1912) and five stars. Below the stars is the text "ORIGINAL" with a crossed-knives icon, followed by "TASTE. IT MATTERS." and "STEAK SEASONING" in large, bold letters. The text describes the seasoning as a "delicious combination of spices" and provides instructions for use. It includes a table for cooking temperatures and times for RARE, MED. RARE, and MEDIUM steaks, along with charcoal preparation instructions. A "GRILLING TIPS" section offers advice on grill success, including the use of direct and indirect heat, and the importance of not cutting the meat. A "Nutrition Facts" table is also present, showing 0 calories, 0g fat, 200mg sodium, 0g carbohydrates, and 0g protein per serving. The ingredients list includes salt, spices, dehydrated garlic, tricalcium phosphate, and anti-cakes. The bottom of the packet provides the distributor's name, address, website, and phone number.

ESTABLISHED 1912
THE *Kansas City* STEAK COMPANY

★★★★★
ORIGINAL
TASTE. IT MATTERS.
STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE	MED. RARE	MEDIUM
120°F-130°F	130°F-140°F	140°F-150°F
7 MIN. >	9 MIN. >	9 MIN. >
FLIP, 7 MIN.	FLIP, 7 MIN.	FLIP, 9 MIN.

We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

GRILLING TIPS

- ★ Grilling success is achieved by using direct and indirect heat. Whether using a gas, charcoal or wood fire grill, the technique is the same. First, sear the meat over direct heat (maximum heat). Then, place over indirect heat (reduced heat) for the remainder of the cooking time.
- ★ When preparing meat for the grill, avoid cutting it or piercing it with a fork. This causes the meat to lose natural juices and flavor.

Nutrition Facts
Serving Size 1/4 tsp (0.8g)
Servings: About 35

Amount Per Serving	
Calories 0	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Sodium 200mg	8%
Total Carbohydrate 0g	0%
Protein 0g	

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE, ANTI-CAKES.

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
kansascitysteaks.com 800 524 1844



The back of the packet features the Kansas City Steak Company logo (Established 1912) and five stars. Below the stars is the text "ORIGINAL" with a crossed-knives icon, followed by "TASTE. IT MATTERS." and "NET WT. 1 oz. (28g)". The word "STEAK SEASONING" is printed vertically in large, bold letters on the right side of the packet.

ESTABLISHED 1912
THE *Kansas City* STEAK COMPANY

★★★★★
ORIGINAL
TASTE. IT MATTERS.
NET WT. 1 oz. (28g)

STEAK SEASONING

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (6oz) Top Sirloin Steaks - Teriyaki

Nutrition Facts			
Serving Size 1 Sirloin Steak (168g)			
Amount Per Serving			
Calories 390	Calories from Fat 240		
% Daily Value*			
Total Fat 27g	42%		
Saturated Fat 10g	50%		
Trans Fat 0g			
Cholesterol 120mg	40%		
Sodium 540mg	23%		
Total Carbohydrate 5g	2%		
Dietary Fiber 0g	0%		
Sugars 3g			
Protein 3g	6%		
Vitamin A 0%	• Vitamin C 0%		
Calcium 4%	• Iron 15%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Mechanically Tenderized Beef, marinated with up to 10% solution of water, seasoning (sugar, maltodextrin, soy sauce [wheat, soybeans, salt], honey, salt, fructose, yeast extract, garlic powder, parsley, spice, not more than 2% silicon dioxide added to prevent caking), canola oil.

Contains: Soy and Wheat

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

8 (6oz) Top Sirloin Steaks - Garlic and Herb

Nutrition Facts			
Serving Size 1 Sirloin Steak (168g)			
Amount Per Serving			
Calories 380	Calories from Fat 240		
% Daily Value*			
Total Fat 26g	40%		
Saturated Fat 10g	50%		
Trans Fat 0g			
Cholesterol 120mg	40%		
Sodium 630mg	26%		
Total Carbohydrate 3g	1%		
Dietary Fiber 0g	0%		
Sugars 1g			
Protein 30g	60%		
Vitamin A 0%	• Vitamin C 0%		
Calcium 4%	• Iron 15%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Mechanically Tenderized Beef, marinated with up to 10% solution of water, seasoning [salt, maltodextrin, sugar, garlic powder, spices, onion powder, yeast extract, dehydrated garlic, parsley, dehydrated onion, soybean oil (as a processing aid), spice extractive, natural flavors, and not more than 2% silicon dioxide added to prevent caking], and canola oil