

NUTRITIONAL FACTS

KRMA FOODS

3.53-oz Superfood Baguette Halves

Carrot

Nutrition Facts	
1 servings per container	
Serving size	1 (115g)
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0.03g	
Polyunsaturated Fat 3.8g	
Monounsaturated Fat 2g	
Cholesterol 5mg	2%
Sodium 630mg	27%
Total Carbohydrate 45g	16%
Dietary Fiber 8g	29%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 12g	24%
Vitamin D 0.58mcg	2%
Calcium 30.36mg	2%
Iron 1.35mg	8%
Potassium 2065mg	45%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Wheat flower, carrots 11.8%, water, potato flakes (potato, emulsifier E471), pumpkin seeds 4.5%, brown linseeds 4.5%, sunflower seeds 4.5%, oats, sea salt, yeast, deactivated dry wheat sourdough (wheat flour, enzymes), Wheat gluten, distilled vinegar, sugar, barley malt extract, Ascorbic acid E300 **Contains: Wheat**

May contain traces of Egg, Soy, Nuts and Milk

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Beetroot

Nutrition Facts	
1 servings per container	
Serving size	1 (100g)
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 0.6g	3%
Trans Fat 0.03g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1.2g	
Cholesterol 5mg	2%
Sodium 620mg	27%
Total Carbohydrate 43g	16%
Dietary Fiber 5g	18%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Vitamin D 0.5mcg	2%
Calcium 26mg	2%
Iron 1mg	6%
Potassium 1774mg	40%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Wheat flour, water, cornmeal, beet root 5.6%, corn, potato flakes (potato, emulsifier E471), pumpkin seeds 2%, linseeds 2%, sunflower seeds 2%, yeast, salt, poppy seed, dried wheat sourdough, herbs of Provence (rosemary, fennel, thyme, basil, oregano, marjoram, lavender) wheat gluten, distilled vinegar, black seed seeds, sugar, barley malt extract, ascorbic acid E300

Contains: Wheat

May contain traces of Egg, Soy, Nuts and Milk