

# NUTRITIONAL FACTS

ANDERSON SEAFOODS

## (2) 32 oz. Butterfly Shrimp Combo

<b>Nutrition Facts</b>		Panko Breaded	Coconut
Serving Size		about 5 shrimp (4oz/113g)	about 5 shrimp (4oz/113g)
Servings per Container		about 5	about 10
<b>Amount Per Serving</b>			
<b>Calories</b>		230	240
Calories from Fat		100	120
		<b>%Daily Value*</b>	<b>%Daily Value*</b>
<b>Total Fat</b>		13g <b>17%</b>	13g <b>20%</b>
Saturated Fat		6g <b>10%</b>	4.5g <b>23%</b>
Trans Fat		0g	0g
<b>Cholesterol</b>		55mg <b>15%</b>	45mg <b>20%</b>
<b>Sodium</b>		390mg <b>30%</b>	650mg <b>27%</b>
<b>Total Carbohydrate</b>		18g <b>7%</b>	16g <b>5%</b>
Dietary Fiber		1g <b>4%</b>	2g <b>8%</b>
Sugars		1g	3g
<b>Protein</b>		9g	19g
*Percent Daily Values are based on a 2,000 calori ediet. Your daily values may be higher or lower depending on your calorie needs.		Vitamin A	0%
		Vitamin C	0%
		Calcium	4%
		Iron	4%
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

**Panko Breaded Shrimp:** Shrimp, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Modified Tapioca Starch, Modified Corn Starch, Starch, Soybean Oil, Salt, Sugar, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Highly Refined Coconut Oil, Highly Refined Perilla Oil, Palm Oil, Yeast, Spice, Dextrose, Guar gum, Sodium Tripolyphosphate, Extractives of Paprika

**Coconut Panko Breaded Shrimp:** Shrimp, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Coconut Flakes, Salt, Dextrose, Modified Corn Starch, Modified Tapioca Starch, Coconut Milk Powder (Coconut Milk, Glucose, Maltodextrin, Sodium Caseinate), Sugar, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Natural Flavors, Highly Refined Perilla Oil, Highly Refined Coconut Oil, Yeast, Sulphites, Sodium Tripolyphosphate.

Allergen: Shrimp and Wheat