

NUTRITIONAL FACTS

EVERBOWL

9.25 oz. Berry Blend Smoothie Packs

1 Serving

Nutrition Facts	
1 serving per container	
Serving size	(262g)
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 34g	12%
Dietary Fiber 6g	21%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.9mg	6%
Potassium 450mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: BANANA, STRAWBERRY, ACAI
PUREE UNSWEETENED, BLUEBERRY

NUTRITIONAL FACTS

EVERBOWL

9.25 oz. Tropical Blend Smoothie Packs

1 Serving

Nutrition Facts	
1 serving per container	
Serving size	(262g)
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 38g	14%
Dietary Fiber 6g	21%
Total Sugars 22g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 0mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: PITAYA, MANGO, PINEAPPLE

NUTRITIONAL FACTS

EVERBOWL

9.25oz. Refresh Blend Smoothie Packs

1 Serving

Nutrition Facts	
Serving Size: 1 Bowl (262g)	
Servings Per Container: 1	
Amount Per Serving	
Calories 170	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Potassium 620mg	18%
Total Carbohydrate 44g	15%
Dietary Fiber 6g	24%
Sugars 30g	
Other Carbohydrate 9g	
Protein 2g	4%
Vitamin A 10%	• Vitamin C 80%
Calcium 2%	• Iron 4%
Vitamin D 0%	• Vitamin E 2%
Vitamin K 4%	• Thiamin 10%
Riboflavin 8%	• Niacin 8%
Vitamin B6 25%	• Folate 15%
Vitamin B12 0%	• Pantothenic Acid 6%
Phosphorus 4%	• Magnesium 10%
Zinc 2%	• Selenium 2%
Copper 10%	• Manganese 80%
* Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: BANANAS, PINEAPPLE,
GRAVIOLA (SOURSOP), MANGOS