

# NUTRITIONAL FACTS

TRINA DRIED FRUITS

2.3-lbs of Assorted Sun Dried Fruit

## CA DRIED NECTARINE

| <b>Nutrition Facts</b>  |            |
|---|------------|
| 8 servings per container  |            |
| <b>Serving size</b> 1/4 cup (40g)   |            |
| <b>Amount Per Serving</b>   |            |
| <b>Calories</b>   | <b>100</b> |
| <b>% Daily Value*</b>   |            |
| <b>Total Fat</b> 0g   | <b>0%</b>  |
| Saturated Fat 0g  | <b>0%</b>  |
| <i>Trans</i> Fat 0g   |            |
| <b>Cholesterol</b> 0mg  | <b>0%</b>  |
| <b>Sodium</b> 20mg  | <b>1%</b>  |
| <b>Total Carbohydrate</b> 34g   | <b>13%</b> |
| Dietary Fiber 3g  | <b>12%</b> |
| Total Sugars 13g  |            |
| Includes 0g Added Sugars  | <b>0%</b>  |
| <b>Protein</b> 1g   |            |
| Vitamin D 0mcg  | <b>0%</b>  |
| Calcium 10mg  | <b>1%</b>  |
| Iron 1mg  | <b>4%</b>  |
| Potassium 400 mg  | <b>8%</b>  |
| <small>* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> |            |

Dried Nectarines. Sulfur dioxide added for color retention and as a preservative. May contain pits or pit fragments.

# NUTRITIONAL FACTS

TRAINA DRIED FRUITS

## CA SUN DRIED ANGELINO PLUM

### Nutrition Facts

8 servings per container

Serving size 1/4 cup (40g)

Amount Per Serving

**Calories** 110

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 50mg 2%

**Total Carbohydrate** 29g 10%

Dietary Fiber 3g 12%

Total Sugars 10g

Includes 0g Added Sugars 0%

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 10mg 1%

Iron 1mg 4%

Potassium 370 mg 12%

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Our California Sun Dried Plums have sweet, tangy flavor with a dark violet color and chewy texture. The flavor has spicy undertones making them an excellent choice for snacking and as an ingredient for baking bread, scones and bagels. Plums have a natural affinity to wines.

# NUTRITIONAL FACTS

TRAINA DRIED FRUITS

## FARMERS FRUIT MEDLEY

### Nutrition Facts

8 servings per container

Serving size 1/8 cup (40g)

Amount Per Serving

**Calories 130**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0 mg 0%

**Total Carbohydrate** 30g 10%

Dietary Fiber 3g 8%

Total Sugars 22g

Includes 0g Added Sugars 0%

**Protein** 2g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1.2 mg 6%

Potassium 320 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Raisins, Golden raisins, Apricots, Peaches, Nectarines, Pears, Sweetened cranberries (cranberries, sugar sunflower oil), Sulfur dioxide (for color retention). May contain pits or pit fragments.