

NUTRITIONAL FACTS

GRAHAM & ROLLINS

4-oz. Classic Crab Cakes

Nutrition Facts	
8 or 16 Servings per container	
Serving Size	1 Crab Cake
Amount per serving	
Calories 240	Calories from Fat 160
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 470mg	20%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 16g	
Vitamin A 2%	• Vitamin C 4%
Calcium 8%	• Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: **BLUE CRABMEAT, SAUCE** (Soybean Oil, Water, Distilled Vinegar, Salted Egg Yolks (Egg Yolks, Salt), **SEAFOOD SEASONING** (Salt, Spices, & Paprika), Mustard Seed, Whole Eggs, Sugar, Potassium Sorbate and Sodium Benzoate (Preservatives), Polysorbate 50, Xanthan Gum, Propylene Glycol Alginate, Disodium EDTA (Added to protect flavor)), **CRACKERS** (Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Sugar, Partially Hydrogenated Cottonseed Oil, Salt, Leavening (Calcium Phosphate and/or Baking Soda), High Fructose Corn Syrup, Soy Lecithin, Malted Barley Flour, Natural Flavor.)

ALLERGENS: CRUSTACEAN SHELLFISH (BLUE CRAB), SOY, EGG, AND WHEAT.

CAUTION: THIS PRODUCT MAY CONTAIN SHELL FRAGMENTS.