

NUTRITIONAL FACTS

TRINGALE'S

4-oz Gourmet Pizza Pinwheels

Four Cheese

The Original
Tringale's
Pizza Pinwheels™
A pizza with a twist
SINGLE SERVE
FOUR CHEESE
Mozzarella, Provolone, Parmesan, & Sharp Cheddar

Cooking Instructions

Conventional or Toaster Oven

1. From frozen state. Preheat oven to [Bake] 375
2. Remove Poly Wrap and Silver Disc Card. Dispose of both items.
3. Place Pinwheel on baking sheet in middle rack of preheated oven. Bake 15 to 18 minutes, until product is heated thoroughly, leaving you with a slightly crisp outside and a rich and creamy inside.
4. Due to variance in appliances, cook time may require adjusting.

Note: Product will be extremely HOT. Allow to rest one minute. Use caution while handling and eating directly out of oven.

Microwave Oven

1. Remove frozen Pinwheel from Poly Wrap Pouch, then dispose wrap.
2. Place Pinwheel on silver side of Disc Card in center of microwave.
3. Microwave on high for 1 minute to 1 minute 20 seconds. Carefully remove Pinwheel Silver Disc from microwave. Product and Disc will be extremely HOT. Dispose of Silver Disc Card.

Note: Allow product to rest one minute before eating. Due to variance in microwave, cook time may require adjusting.

Nutrition Facts		Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 1 pinwheel (113g)		Total Fat 15g	24%	Total Carb 30g	10%
Servings Per Container 1		Sat Fat 9g	45%	Fiber 1g	5%
Calories 330		Trans Fat 0g		Sugars 1g	
Fat Calories 140		Cholest 45mg	15%	Protein 17g	
		Sodium 720mg	30%		
		Vitamin A 4% • Vitamin C 0% • Calcium 30% • Iron 2%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: DOUGH: HIGH-GLUTEN FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE), WATER, SOYBEAN OIL, SALT, SUGAR, INSTANT DRY YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID.) **FOUR-CHEESE BLEND:** LOW-MOISTURE WHOLE MILK MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES) CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), GRATED PARMESAN (PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), GRANULATED GARLIC, **SPRINKLED PINWHEEL GARNISH:** BREADCRUMBS (BREAD CRUMBS (BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, YEAST, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SALT), GRANULATED GARLIC, SALT. **CONTAINS: MILK, SOY, WHEAT, AND EGG**

Tringale's Pizza Pinwheels
P.O. BOX 251383 • West Bloomfield, MI 48325
pizzapinwheels.com

FPO
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NET WT 4.0 OZ

NUTRITIONAL FACTS

TRINGALE'S

Pepperoni

The Original



Pizza Pinwheels™

A pizza with a twist

SINGLE SERVE PEPPERONI Pepperoni & Cheese



Cooking Instructions

Conventional or Toaster Oven

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2. Remove Poly Wrap and Silver Disc Card. Dispose of both items.
3. Place Pinwheel on baking sheet in middle rack of preheated oven. Bake 15 to 18 minutes, until product is heated thoroughly, leaving you with a slightly crisp outside and a rich and creamy inside.
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Nutrition Facts

Serving Size 1 pinwheel (113g)
Servings Per Container 1
Calories 340
Fat Calories 160

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 17g	27%	Total Carb 30g	10%
Sat Fat 9g	45%	Fiber 1g	5%
Trans Fat 0g		Sugars 1g	
Cholest 45mg	15%	Protein 17g	
Sodium 860mg	36%		
Vitamin A 2% • Vitamin C 0% • Calcium 30% • Iron 6%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

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NET WT 4.0 OZ

INGREDIENTS: DOUGH: HIGH-GLUTEN FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE), WATER, SOYBEAN OIL, SALT, SUGAR, INSTANT DRY YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID.) **CHEESE BLEND:** LOW-MOISTURE WHOLE MILK MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), DICED GREEN PEPPERS, WHITE ONIONS, SLICED RIPE BLACK OLIVES, MUSHROOMS PIECES AND STEMS, **DICED PEPPERONI:** (PORK, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER, CULTURE, OLEORESIN OF PAPRIKA, FLAVORING, SODIUM NITRATE, BHA, BHT, CITRIC ACID) **SPRINKLED PINWHEEL GARNISH:** BREADCRUMBS (BREAD CRUMBS (BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, YEAST, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SALT), GRANULATED GARLIC, SALT.

CONTAINS: MILK, SOY, WHEAT, AND EGG

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NUTRITIONAL FACTS

TRINGALE'S

Veggie

The Original

Tringale's

Pizza PinwheelsTM

SINGLE SERVE

A pizza with a twist

VEGGIE

Mushroom, Onion, Black Olive, & Green Pepper

Cooking Instructions

Conventional or Toaster Oven

1. From frozen state. Preheat oven to [Bake] 375
2. Remove Poly Wrap and Silver Disc Card. Dispose of both items.
3. Place Pinwheel on baking sheet in middle rack of preheated oven. Bake 15 to 18 minutes, until product is heated thoroughly, leaving you with a slightly crisp outside and a rich and creamy inside.
4. Due to variance in appliances, cook time may require adjusting.

Note: Product will be extremely HOT. Allow to rest one minute. Use caution while handling and eating directly out of oven.

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Nutrition Facts

Serving Size 1 pinwheel (113g)
Servings Per Container 1
Calories 280
Fat Calories 100

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 12g	18%	Total Carb 29g	10%
Sat Fat 6g	31%	Fiber 2g	6%
Trans Fat 0g		Sugars 1g	
Cholest 30mg	10%	Protein 14g	
Sodium 660mg	28%		
Vitamin A 4% • Vitamin C 6% • Calcium 25% • Iron 2%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

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NET WT 4.0 OZ

INGREDIENTS: **DOUGH:** HIGH-GLUTEN FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE), WATER, SOYBEAN OIL, SALT, SUGAR, INSTANT DRY YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID.) **CHEESE BLEND:** LOW-MOISTURE WHOLE MILK MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES.) DICED GREEN PEPPERS, WHITE ONIONS, SLICED RIPE BLACK OLIVES, MUSHROOMS PIECES AND STEMS, **SPRINKLED PINWHEEL GARNISH:** BREADCRUMBS (BREAD CRUMBS [BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, YEAST, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SALT], GRANULATED GARLIC, SALT.

CONTAINS: MILK, SOY, WHEAT, AND EGG

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NUTRITIONAL FACTS

TRINGALE'S

Meat Lover's



Pizza Pinwheels™

A pizza with a twist

SINGLE SERVE

MEATLOVER

Pepperoni, Bacon, Ham, & Sausage



Conventional or Toaster Oven

- From frozen state. Preheat oven to (Bake) 375
- Remove Poly Wrap and Silver Disc Card. Dispose of both items.
- Place Pinwheel on baking sheet in middle rack of preheated oven. Bake 15 to 18 minutes, until product is heated thoroughly, leaving you with a slightly crisp outside and a rich and creamy inside.
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Note: Allow product to rest one minute before eating. Due to variance in microwave, cook time may require adjusting.

	Amount/Serving	%DV*	Amount/Serving	%DV*
Nutrition Facts	Total Fat 16g	25%	Total Carb 29g	10%
Serving Size 1 pinwheel (113g)	Sat Fat 8g	40%	Fiber 1g	5%
Servings Per Container 1	Trans Fat 0g		Sugars 1g	
Calories 330	Cholest 45mg	14%	Protein 17g	
Fat Calories 140	Sodium 870mg	36%		
	Vitamin A 2% • Vitamin C 2% • Calcium 25% • Iron 4%			

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NET WT 4.0 OZ

INGREDIENTS: DOUGH: HIGH-GLUTEN FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE), WATER, SOYBEAN OIL, SALT, SUGAR, INSTANT DRY YEAST (YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID.) CHEESE BLEND: LOW-MOISTURE WHOLE MILK MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES.) DICED GREEN PEPPERS, WHITE ONIONS, SLICED RIPE BLACK OLIVES, MUSHROOMS PIECES AND STEMS. DICED PEPPERONI: (PORK, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER, CULTURE, OLEORESIN OF PAPRIKA, FLAVORING, SODIUM NITRATE, BHA, BHT, CITRIC ACID). PRE-COOKED ITALIAN SAUSAGE: COOKED PORK SAUSAGE (PORK, WATER, DEXTROSE, SALT, SPICES, PAPRIKA, GARLIC POWDER, NATURAL FLAVORING, BHA, BHT, CITRIC ACID) SPRINKLED PINWHEEL GARNISH: BREADCRUMBS (BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, YEAST, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SALT), GRANULATED GARLIC, SALT. CONTAINS: MILK, SOY, WHEAT, AND EGG.

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