

# NUTRITIONAL FACTS

BANTAM BAGELS

## 1.3-oz Classic Pancake Favorites

### Chocolate Chip

<b>Nutrition Facts</b>	
9 servings per container	
<b>Serving size</b>	<b>1 3/10 oz (37g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>90</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 2.5g	<b>11%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 150mg	<b>6%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 6g	
Includes 3g Added Sugars	<b>6%</b>
<b>Protein</b> 2g	
Vitamin D 0.1mcg	0%
Calcium 50mg	4%
Iron 0.6mg	4%
Potassium 60mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients:** Liquid Whole Milk, Wheat Flour, Chocolate Chips (sugar, chocolate liquor, cocoa butter, milkfat, soy lecithin, natural flavor), Eggs, Water, Salted Butter, Granulated Sugar, Custard Blend (sugar, non-fat milk powder, potato starch, palm-kernel oil, dextrose, cornstarch, vegetable gum, tetra sodium pyrophosphate, natural flavors, calcium lactate, beta carotene), Maple Syrup, Baking Powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), Natural Vanilla, Salt, Xanthan Gum, Whole Milk Powder. **Contains:** Egg, Milk, Wheat, Soy. **Manufactured in a facility that also processes:** Peanuts and Tree Nuts.

# NUTRITIONAL FACTS

BANTAM BAGELS

## Blueberry

<b>Nutrition Facts</b>		
9 servings per container		
<b>Serving size</b>	<b>1 3/10 oz (37g)</b>	
<b>Amount per serving</b>		
<b>Calories</b>	<b>80</b>	
<b>% Daily Value *</b>		
<b>Total Fat</b> 3g	<b>4%</b>	
Saturated Fat 1.5g	<b>8%</b>	
<i>Trans</i> Fat 0g		
<b>Cholesterol</b> 25mg	<b>8%</b>	
<b>Sodium</b> 150mg	<b>6%</b>	
<b>Total Carbohydrate</b> 11g	<b>4%</b>	
Dietary Fiber 0g	<b>0%</b>	
Total Sugars 4g		
Includes 3g Added Sugars	<b>6%</b>	
<b>Protein</b> 2g		
Vitamin D 0.1mcg	0%	
Calcium 50mg	4%	
Iron 0.5mg	2%	
Potassium 50mg	2%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.		
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4

**Ingredients:** Liquid Whole Milk, Wheat Flour, Cultivated Blueberries, Eggs, Water, Salted Butter, Granulated Sugar, Custard Blend (sugar, non-fat milk powder, potato starch, palm-kernel oil, dextrose, cornstarch, vegetable gum, tetra sodium pyrophosphate, natural flavors, calcium lactate, beta carotene), Maple Syrup, Baking Powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), Natural Vanilla, Lemon Juice, Salt, Xanthan Gum, Whole Milk Powder, Natural Flavor. **Contains:** Egg, Milk, Wheat. **Manufactured in a facility that also processes:** Soy, Peanuts, and Tree Nuts.