

# NUTRITIONAL FACTS

FAMILY FARMS

14-oz Bacon Wrapped Stuffed Chicken Breasts

Bacon Wrapped Ham & Cheese Chicken Breast

<b>Nutrition Facts</b>	
Servings Per Container 2	
Serving Size 1/2 piece (200g)	
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>310</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 120mg	<b>40%</b>
<b>Sodium</b> 1080mg	<b>47%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 36g	
Vitamin D 0mcg	<b>0%</b>
Calcium 154mg	<b>10%</b>
Iron 1mg	<b>6%</b>
Potassium 437mg	<b>10%</b>
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram:</small>	
<small>Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: CHICKEN BREAST, BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), HAM (CURED WITH; WATER, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE FLAVOR.), PASTEURIZED PROCESSED HI-TEMP SWISS CHEESE (PASTEURIZED PROCESSED SWISS CHEESE) SWISS CHEESE (CULTURED MILK, SALT AND ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, SALT, SORBIC ACID (A PRESERVATIVE), POWDERED CELLULOSE (TO PREVENT CAKING), POTASSIUM SORBATE AND NATAMYCIN (PRESERVATIVES).

ALLERGENS – CONTAINS MILK/DAIRY

KEEP REFRIGERATED OR FROZEN

# NUTRITIONAL FACTS

FAMILY FARMS

## Bacon Wrapped Stuffed Red Peppers, Green Peppers & Mozzarella Cheese Chicken Breast

<b>Nutrition Facts</b>	
2 servings per container	
<b>Serving size</b>	<b>1/2 piece (213g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>300</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 2180mg	<b>95%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 34g	<b>68%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: CHICKEN BREAST, BACON (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE), MOZZARELLA CHEESE (PASTEURIZED PROCESSED MOZZARELLA STYLE CHEESE (CULTURED MILK, WATER, CREAM, SKIM MILK, POWDER, SODIUM PHOSPHATES, SALT, LACTIC ACID AND SORBIC ACID (PRESERVATIVE), ENZYMES), POWDERED CELLULOSE (TO PREVENT CAKING), POTASSIUM SORBATE AND NATAMYCIN (PRESERVATIVES), LAWRY'S SEASON SALT (SALT, SUGAR, SPICES, PAPRIKA, TURMERIC, ONION, CORNSTARCH, GARLIC, TRICALCIUM PHOSPHATE, PAPRIKA OLEORESIN), RED BELL PEPPERS, GREEN BELL PEPPERS, ONIONS

ALLERGENS – CONTAINS MILK/DAIRY

KEEP REFRIGERATED OR FROZEN