

# NUTRITIONAL FACTS

TRUE HONEY TEA

## Ginger Lemon

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving size</b>	<b>1 Bag (15g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>35</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 10g	0%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	0%

Ingredients: Lemon Myrtle, Ginger and Honey Granules  
(Ginger, Cane Sugar, Honey)

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## Earl Grey



<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving size</b>	<b>1 Bag (15g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>35</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 10g	<b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	<b>0%</b>

Ingredients: Black Tea, Bergamot Oil, Honey Granules (Cane Sugar, Honey)

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## Peppermint

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving size</b>	<b>1 Bag (15g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>35</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 10g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 10g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 0g	<b>0%</b>

Ingredients: Peppermint Tea  
Honey Granules (Cane Sugar, Honey)

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## Rooibos

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving size</b>	<b>1 Bag (15g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>35</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 10g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 10g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 0g	<b>0%</b>

Ingredients: Rooibos Tea,  
Honey Granules (Cane Sugar, Honey)

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## Lavender Lemonade

<b>Nutrition Facts</b>	
12 servings per container	
<b>Serving size</b>	<b>1 Tea Bag (14g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>45</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 10g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 10g	
Includes 10g Added Sugars	<b>20%</b>
<b>Protein</b> 0g	<b>0%</b>
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>
Vitamin C	<b>0%</b>
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:**  
Lavender, Lemon Myrtle, Hibiscus,  
Honey Granules (Cane Sugar, Honey)