

NUTRITIONAL FACTS

JAFFLZ

6-oz Savory Toasted Hand Pockets

Chicken Enchilada

Nutrition Facts

1 servings per container

Serving size 1 pocket (170g/6oz)

Amount Per Serving

Calories 250

% Daily Value*

Total Fat 1.5g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 350mg 14%

Total Carbohydrate 40g 13%

Dietary Fiber 9g 35%

Total Sugars 5g

Includes 0g Added Sugars <1%

Protein 19g

Vitamin D 0mcg 0%

Calcium 80mg 8%

Iron 3.5mg 20%

Potassium 260mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Filling: Chicken Black Beans, Onion, Corn, Tomatoes, Red Peppers, Soy Flour, Cheese Sauce (Whey Maltodextrin, Dehydrated Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Modified Corn Starch, Salt, Dry Whole Milk, Buttermilk Powder, Sodium Phosphate, Lactic Acid, Natural Flavors, Dehydrated Butter, Extractives of Annatto (color), and Turmeric (color)), Pinto Beans, Red Bean Chili Pepper, Cilantro, Garlic, Salt, Black Pepper.

BREAD POCKET: Whole Wheat Flour, Water, Unbleached Wheat Flour(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic acid, Enzyme, malted barley flour), Yeast, Microwave Agent (Enriched Wheat flour (wheat flour, corn syrup solids, monoglycerides, oat fiber, guar gum, sodium alginate, Contains 2% or less: Yeast Xanthan Gum, Enzymes, Sulphite)), Salt, Dough Conditioner (ascorbic acid, enzymes).

Allergens: Milk, Wheat, Soy

NUTRITIONAL FACTS

JAFFLZ

Sloppy Joe

Nutrition Facts			
Serving Size 6 oz (170 g/6 oz)			
Servings Per Container 1			
Amount Per Serving			
Calories	310	Calories from Fat 20	
		% Daily Value*	
Total Fat	2.5g		4%
Saturated Fat	0.5g		3%
<i>Trans</i> Fat	0g		
Cholesterol	5mg		1%
Sodium	440mg		18%
Potassium	100mg		3%
Total Carbohydrate	56g		19%
Dietary Fiber	5g		20%
Sugars	1g		
Protein	10g		
Vitamin A	0%	•	Vitamin C 0%
Calcium	6%	•	Iron 15%
Vitamin D	0%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories	2,000 2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
	Fat	9	• Carbohydrate 4 • Protein 4

FILLING: Beef, Soy Flour, Red Pepper, Water, Onion, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Powder), Tomato Paste (Vine Ripened Tomatoes), Wheat Bread (Whole Wheat Flour, Water, Unbleached Wheat Flour(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic acid, Enzyme, malted barley flour), Yeast, Microwave Agent (Enriched Wheat flour (wheat flour, corn syrup solids, monoglycerides, oat fiber, guar gum, sodium alginate, Contains 2% or less: Yeast Xanthan Gum, Enzymes, Sulphite)), Salt, Dough Conditioner (ascorbic acid, enzymes)), Cider Vinegar (Apple Cider Vinegar Diluted to 5% Acidity), Brown Sugar, Spices.

BREAD POCKET: Whole Wheat Flour, Water, Unbleached Wheat Flour(Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic acid, Enzyme, malted barley flour), Yeast, Microwave Agent (Enriched Wheat flour (wheat flour, corn syrup solids, monoglycerides, oat fiber, guar gum, sodium alginate, Contains 2% or less: Yeast Xanthan Gum, Enzymes, Sulphite)), Salt, Dough Conditioner (ascorbic acid, enzymes).

Allergens: Milk, Wheat, Soy