

# NUTRITIONAL FACTS

STUFFIN GOURMET

## 6-oz Meatloaf Cupcakes

KEEP FROZEN

Nutrition Facts	
Serving Size: 6 ozs.	
Servings Per Container: 6 pcs.	
Amount Per Serving	
<b>Calories</b>	<b>260</b>
% Daily Value*	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 120mg	<b>40%</b>
<b>Sodium</b> 560mg	<b>24%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 32g	
Vitamin D 0.2mcg	0%
Calcium 130mg	10%
Iron 1.2mg	6%
Potassium 470mg	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Raw, Ready To Cook

### Bacon & Cheddar Chicken Meatloaf

INGREDIENTS: GROUND CHICKEN BREAST MEAT, CRUSHED TOMATOES (WATER, CONCENTRATED CRUSHED VINE-RIPENED TOMATOES, LESS THAN 2% SALT, CITRIC ACID), BREADCRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO), ONIONS, EGGS (PASTEURIZED EGGS, CITRIC ACID), COOKED BACON CURED WITH (WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE, NATURAL SMOKE FLAVOR), PARMESAN CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURE, SALT, ENZYME), NATURAL CHICKEN FLAVOR (MALTODEXTRIN, CHICKEN STOCK, FLAVORS), SALT, SPICES, DEHYDRATED GARLIC, ONION POWDER, PARSLEY, BELL PEPPER, CELERY POWDER, GLAZED WITH OLIVE OIL, CARAMEL COLOR.

CONTAINS: Wheat, Eggs, Milk

6 portions / 6oz each  
Net Weight 2.25 lbs. ( 36 ounces )

Manufactured For: Stuffin Gourmet-Swedesboro, New Jersey 08085



KEEP FROZEN

Nutrition Facts	
Serving Size: 6 ozs.	
Servings Per Container: 6 pcs.	
Amount Per Serving	
<b>Calories</b>	<b>230</b>
% Daily Value*	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 120mg	<b>40%</b>
<b>Sodium</b> 480mg	<b>21%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 32g	
Vitamin D 0.2mcg	0%
Calcium 60mg	4%
Iron 1.2mg	6%
Potassium 520mg	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Raw, Ready To Cook

### Traditional Chicken Meatloaf

INGREDIENTS: GROUND CHICKEN BREAST MEAT, CRUSHED TOMATOES (WATER, CONCENTRATED CRUSHED VINE-RIPENED TOMATOES, LESS THAN 2% SALT, CITRIC ACID), BREADCRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT), ONIONS, EGGS (PASTEURIZED EGGS, CITRIC ACID), PARMESAN CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURE, SALT, ENZYME), NATURAL CHICKEN FLAVOR (MALTODEXTRIN, CHICKEN STOCK, FLAVORS), SALT, SPICES, DEHYDRATED GARLIC, ONION POWDER, PARSLEY, BELL PEPPER, CELERY POWDER, GLAZED WITH OLIVE OIL, CARAMEL COLOR AND KETCHUP (TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING),

CONTAINS: Wheat, Eggs, Milk

6 portions / 6 oz each  
Net Weight 2.25 lbs. ( 36 ounces )

Manufactured For: Stuffin Gourmet-Swedesboro, New Jersey 08085

