

NUTRITIONAL FACTS

ST. CLAIR

(4) 2-lb Side Dish Sampler

Dutch Crust Sweet Potato Casserole

Nutrition Facts	
About 6.5 servings per container	
Serving size	2/3 Cup(140g)
Amount per serving	
Calories	370
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Total Carbohydrate 48g	17%
Dietary Fiber 2g	7%
Total Sugars 32g	
Includes 19g Added Sugars	38%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 1mg	6%
Potassium 202mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SWEET POTATOES, LIQUID MARGARINE (Liquid and Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (a preservative), Citric Acid, Natural and Artificial Flavor, Calcium Disodium EDTA added to protect flavor, Beta Carotene (color), Vitamin a Palmitate added), SUGAR, LIGHT BROWN SUGAR, WATER, ENRICHED BLEACHED WHEAT FLOUR (Niacin, Iron [reduced], Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), LIQUID EGGS (Whole Egg, Citric Acid, and Xanthan Gum), BROWN SUGAR, NON-DAIRY CREAMER (Corn Syrup Solids, Sunflower Oil, Sodium Caseinate [a milk derivative], Dipotassium Phosphate, Lecithin, Sodium Silico Aluminate, Tocopherols [added to protect flavor], Artificial Flavor), MODIFIED CORN STARCH, PECANS, WALNUTS, GROUND CINNAMON.

Contains Egg, Milk, Soy, Tree Nuts, Wheat.

NUTRITIONAL FACTS

ST. CLAIR

Creamed Spinach Casserole

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup(228g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 20g	26%
Saturated Fat 12g	60%
Trans Fat 0.5g	
Cholesterol 60mg	20%
Sodium 690mg	30%
Total Carbohydrate 24g	9%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 1mcg	6%
Calcium 412mg	30%
Iron 1mg	6%
Potassium 164mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: SPINACH, WHOLE MILK, SOUR CREAM (Cultured milk, cream, whey, modified corn starch, sodium phosphate, guar gum, carrageenan, carob bean gum and potassium sorbate (maintains freshness)), MOZZARELLA CHEESE (Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Anticake (potato starch, corn starch, powdered cellulose) and Natamycin (a natural mold inhibitor)), BUTTER (Cream, Salt), PANKO BREAD CRUMBS (Wheat Flour, Sugar, Salt, Dried Yeast, Caramel (Color), Calcium Propionate, Soybean Oil, and Turmeric Extract (Color)), PARMESAN CHEESE (Pasteurized Part Skim-Milk, Cheese Cultures, Salt, Enzymes, and Powdered Cellulose (Anti-caking Agent)), ENRICHED BLEACHED WHEAT FLOUR (Niacin, Iron [reduced], Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), MODIFIED CORN STARCH, SALT, BLACK PEPPER, GARLIC POWDER.

Contains Milk, Wheat.

NUTRITIONAL FACTS

ST. CLAIR

Cornbread Dressing

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup(220g)
Amount per serving	
Calories	330
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 940mg	41%
Total Carbohydrate 34g	12%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 2g Added Sugars	4%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 69mg	6%
Iron 4mg	20%
Potassium 143mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, CORNBREAD STUFFING CRUMB (Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Cornmeal, Sugar, Less than 2% of Each of the Following: Expeller Pressed Sunflower Oil, Yeast, Salt, Extractives of Turmeric and Annatto), CELERY, ONION, LIQUID EGGS (Whole Egg, Citric Acid, and Xanthan Gum), LIQUID MARGARINE (Liquid and Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (a preservative), Citric Acid, Natural and Artificial Flavor, Calcium Disodium EDTA added to protect flavor, Beta Carotene (color), Vitamin a Palmitate added), CULTURED REDUCED FAT BUTTERMILK (Cultured Grade A Reduced Fat Milk, Non Fat Dry Milk, Salt, Sodium Citrate, Vitamin A Palmitate, and Vitamin D3), VEGETABLE OIL (Soybean Oil), HYDROLYZED VEGETABLE PROTEIN (Hydrolyzed Corn Protein, with Palm and/or Sunflower Oil Added), DRIED SAGE, WHITE PEPPER, POULTRY SEASONING (Salt, Sage, Oregano, Rosemary).

Contains Egg, Milk, Soy, Wheat.

NUTRITIONAL FACTS

ST. CLAIR

White Cheddar Mac and Cheese

Nutrition Facts

About 4 servings per container

Serving size 1 Cup(228g)

Amount per serving

Calories **490**

% Daily Value*

Total Fat 35g 45%

Saturated Fat 18g 90%

Trans Fat 0.5g

Cholesterol 80mg 27%

Sodium 1060mg 46%

Total Carbohydrate 26g 9%

Dietary Fiber 0g 0%

Total Sugars 6g

Includes 0g Added Sugars 0%

Protein 17g

Vitamin D 1mcg 6%

Calcium 447mg 35%

Iron 1mg 6%

Potassium 187mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED PROCESS AGED WHITE CHEDDAR CHEESE (Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Phosphate, Salt), WHOLE MILK, MACARONI PASTA (Semolina (Wheat), Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, and Folic Acid), WATER, BUTTER (Cream, Salt), VEGETABLE OIL (Soybean Oil), EXTRA SHARP WHITE CHEDDAR CHEESE (Cultured Pasteurized Milk, Salt, Enzymes), HEAVY WHIPPING CREAM, MODIFIED CORN STARCH, SALT, NATURAL CHEESE FLAVOR (Maltodextrin, Natural Cheddar Cheese Flavor, Whey Solids, Salt, Disodium Phosphate), MUSTARD FLOUR, XANTHAN GUM.

Contains Milk, Wheat.