

# NUTRITIONAL FACTS

REAL GOOD FOODS

## Bacon Wrapped Chicken Stuffed with Broccoli & Cheddar

Nutrition Facts	
2 servings per container	
Serving size	1 Piece (170g)
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 28g	36%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 140mg	47%
Sodium 930mg	40%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 32g	64%
Vitamin D 0.4mcg	2%
Calcium 195mg	15%
Iron 0.72mg	4%
Potassium 470mg	10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: SHELL (chicken, bacon [cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite], parmesan cheese [pasteurized part skim cow’s milk, cheese cultures, salt, enzymes], sea salt, grapeseed oil), FILLING (cheddar cheese [pasteurized milk, cheese cultures, salt, enzymes], cream cheese [pasteurized whole milk and cream, salt, cultures , locust bean gum], broccoli, parmesan cheese [pasteurized part skim cow’s milk, cheese cultures, salt, enzymes], chives, sea salt, white pepper).

CONTAINS: Milk

# NUTRITIONAL FACTS

REAL GOOD FOODS

## Bacon Wrapped Chicken Stuffed with 3 Cheeses

Nutrition Facts	
2 servings per container	
Serving size	1 Piece (170g)
Amount Per Serving	
Calories	380
% Daily Value*	
Total Fat 26g	33%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 145mg	48%
Sodium 990mg	43%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 32g	64%
Vitamin D 0.4mcg	2%
Calcium 260mg	20%
Iron 0.72mg	4%
Potassium 470mg	10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: SHELL (chicken, bacon [cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite], parmesan cheese [pasteurized part skim cow’s milk, cheese cultures, salt, enzymes], sea salt, grapeseed oil), FILLING (cream cheese [pasteurized whole milk and cream, salt, cultures , locust bean gum], mozzarella cheese [pasteurized milk, cheese cultures, salt, enzymes], parmesan cheese [pasteurized part skim cow’s milk, cheese cultures, salt, enzymes], fontina cheese [pasteurized milk, cheese cultures, salt, rennet], parsley, salt, white pepper).

CONTAINS: Milk